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ACTOR CHRISTIAN BALE REFLECTS UPON HIS FIRST CLAUSTROPHOBIC TIME IN THE BAT SUIT PAGE 16

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KINGSTON TRAVEL

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Will he play another year? After being drafted in the sixth round of the 1994 NHL entry draft, Alfredsson went from being virtually unknown to the Senators' leader, playing his entire NHL career in the national capital and winning the hearts of Ottawa fans. PHOTO ILLUSTRATION/DAVID VAN DYKE

GM has 'that feeling' Alfie wants to stay

Sens. Murray shares his hopes in conference call with media after Sens tough guy Chris Neil chats with media about his contract extension

JESSICA SMITH
jessica.smith@metronews.ca

Senators GM Bryan Murray chatted with captain Daniel Alfredsson this week, leaving him with a "feeling" the beloved Swede isn't ready to retire from the team.

"I've always had that feeling that Alfie wanted to play a little longer, but he hasn't made that commitment to me," said Murray in a call with media Thursday.

Alfredsson hasn't made a decision about returning yet, but there are some promising signs.

"We talked about what was happening around the team, the additions and subtractions (of players)," Murray said. "That tells me there's some real interest on his part."

Murray added he thinks Alfredsson's interest is coming from a player's point of view, rather than as someone interested in an off-ice role.

"I don't think it's in the off-ice part of his career at this point in time," he said.

If Aldredsson doesn't come back, it will leave a "huge hole" in the Sens lineup, he said.

"There's still no final decision on anything, but it was very definitely a good conversation, if I can say that," Murray said. "But just waiting for sure to find out which way we're going to go."

NEIL THRILLED WITH EXTENSION, PAGE 2

Find your inner archeologist

Dig right in at an excavation site in Gatineau PAGE 4

Rally for charity

From a volleyball rock concert to a local fishing festival, check out this week's Mix of Six for what's on this weekend in Ottawa PAGE 23

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NEWS

On the web

What's a wake without a Starbucks brew?

Would a premium cup of Starbucks coffee be a great deal of comfort after a funeral? Go to metronews.ca to find out why one funeral home in the U.S. seems to think so.

Mobile news

Dogs are judged on the way they mount, their speed, stamina and dismount — so says the announcer at The Humpy Awards. Does this sound like a real award celebrating the natural behaviour of pooches or something else? Scan the code to find out more.

Chris Neil calls Ottawa 'home' after re-signing with the Sens

There's no place like ... Forward inks 3-year contract extension; says he approached team management and asked to stay

JESSICA SMITH
jessica.smith@metronews.ca

Ottawa is home sweet home for Sens forward Chris Neil, who just signed a three-year contract extension with the Sens.

"It's like home for me here. After hockey, it will be home," he said. "I love the city, I love the organization, and to be able to play here for another four years — it's unbelievable."

Neil's connection to the community, especially his work with Roger's House, makes him happy to stay here, he said.

Neil approached Sens management and asked to stay, he said. As for what he has to offer the team, he said he's a hard worker and dedicated.

"I try to bring the young kids up and show them what it takes to make it, in the gym, on the ice, whatever it takes. I try to do what's best for the team out there. It's not about No. 25 on the back; it's the logo on the front," he said.

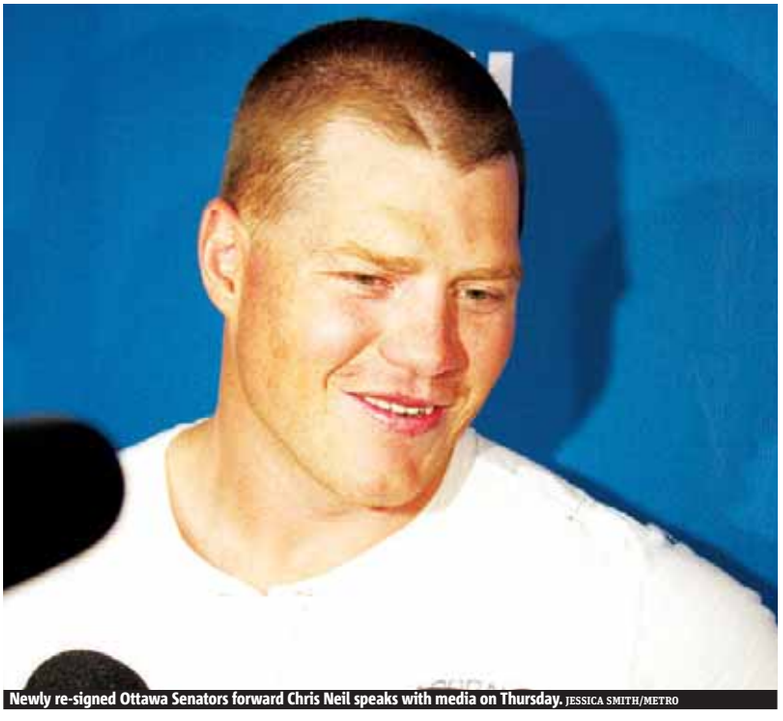
He has played 731 games with the Sens over the last 10 years and plans to hit the 1,000 mark.

"It's going to be awesome," he said.

Follow Jessica Smith on Twitter @jessiecatherine

Chris Neil's vitals

- **Number:** 25
- **Height:** 6'1"
- **Weight:** 215
- **Shoots:** Right
- **Born:** June 18, 1979 (age 33)
- **Birthplace:** Flesherton, Ont.
- **Drafted:** Ottawa/1998 NHL Entry Draft
- **Round:** 6th (161st overall)



Newly re-signed Ottawa Senators forward Chris Neil speaks with media on Thursday. JESSICA SMITH/METRO

Homes evacuated as brush fires burn in west Ottawa

Fire crews raced to extinguish a large brush fire in the Moodie Drive and Fallowfield area on Thursday. Road closures affected thousands of commuters in the Moodie Drive and Richmond Road areas. MIKE CARROCCETTO/FOR METRO

As the Marlborough Forest was still smouldering Thursday, another brush fire broke out near Bells Corners, engulfing at least 100 acres and forcing the evacuation of numerous homes.

Fire services spokesman Marc Messier said the dry weather and hot temperatures are a serious concern for firefighters.

The fire near Moodie Drive and West Hunt Club broke out Thursday afternoon and quickly spread — what started as a few spot fires ended up engulfing at least five acres of brush, said Messier.

As of Thursday evening, 70 firefighters were battling the blaze with the help of a water-bomber helicopter, he said.

Many homes on Richmond Road between West Hunt Club and Fallowfield Road were evacuated as a precaution.

"They haven't quite contained it yet; they are making progress," Messier said at about 6 p.m. "We still have a helicopter helping us out."

Crews were called to the Marlborough Forest after an airplane spotted a fire on Wednesday evening and remained on scene on Thursday evening guarding hot spots.

"This thing may actually smoulder for a few days in some areas, just because the ground is so dry the fire has gone into the root system. It could be very labour-intensive," said Messier.

Firefighters found a small number of marijuana plants near the Marlborough fire, which were subsequently destroyed by the police, officers said.

JESSICA SMITH/METRO

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Dig in. Archeology month offers public chance to discover history

Everyone can uncover their inner archeologist this August and celebrate during the eighth annual archeology month by participating in different activities in Quebec — including activities in Gatineau.

The City of Gatineau and the Groupe de recherche archéologique de l'Outaouais (GRAO), a non-profit that focuses on protecting and promoting archeological sites, have organized a dig at Jacques-Cartier Park. Visitors will get to dig at a site that predates contact between Europeans and First Nations peoples.

Fifteen minutes outside of Gatineau is another excavation site at Plaisance Park, which hosts the Papineau fief where visitors can either participate in a dig or go on a tour.

The Canadian Museum of Civilization is participating for the third time and hosting two different activities: the screening of a documentary about an excavation on a site where a Huron village once stood in 1500 and a demonstration of flint knapping — how aboriginals made tools out of stone.

Jici Lauzon, comedian, Historia television host and spokesperson for archeology month, said it's a fun way to learn about our history.

It's important, he said, "to learn who was there before us and to be respectful of the work and the teachings of the people who were there before."

NOURAN ABDELLATIF/FOR METRO

Schedule

- **Aug. 4-5:** Jacques-Cartier dig.
- **Aug. 7:** Canadian Museum of Civilization Curse of the Axe screening featuring archaeologist Ron Williamson.
- **Aug. 11:** Canadian Museum of Civilization flint-knapping workshop featuring experimental archeologist Michel Cadieux.
- **Aug. 18, 19:** Papineau fief dig and tour.

Summer fun keeps kids sharp

Kids and youth leaders march in a parade that began at the Banff Avenue Community House on Thursday to celebrate a new summer program. Children in the Banff Ledbury neighbourhood are keeping their school skills sharp as they have fun at the program, funded by the United Way through a $26,000 donation from Steven Greenberg and his family. The pilot program offers kids an opportunity to get together for fun activities and learn at the same time. The idea is to prevent "literacy loss," which occurs when students lose reading, writing and comprehension skills over the summer. SEAN MCKIBBON/METRO

City plan

Rethink plan to sell naming rights: Community group

A city plan to sell the naming rights to public beaches, pools, community centres and programs to the highest bidder has raised the ire of Ottawa's largest community group.

"For local community buildings I don't think that should happen at all," said James O'Grady of the Federation of Citizens' Associations of Ottawa-Carleton. "Whatever money they're going to make is not worth the missed opportunity to build and strengthen the community."

The city plans to raise $12.7 million with the program by 2015.

O'Grady said he thinks that the process should involve more consultations, and he suggested the city sit down with the community to get residents' take on the plan.

GRAHAM LANKTREE/METRO

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Collingwood
Wakestock, 3 Nights $244
Blue Mountain Inn taxes & fees included
INCLUDES Blue Mountain accom during Wakestock. Travel Aug 10/ggv. UPGRADE to 4-star Cranberry Resort for $29 per night.

Niagara on the Lake
Civic Long Weekend, 2 Nights 4-Star $293
Hilton Garden Inn Niagara On the Lake taxes & fees included
INCLUDES central accom. Travel Aug 3/ggv. UPGRADE to 5-star Pillar and Post Inn for $103 per night. ADD deluxe Niagara winery tour for $117.

Prince Edward Island
2 Nights 4.5-Star + Seal Watching Tour $349
Delta Prince Edward taxes & fees included
INCLUDES accom in the heart of Olde Charlottetown and seal watching cruise. Travel Jul 1 thru Sep 3/ggv.

USA

Las Vegas Air + 3 Nights $379
Imperial Palace + taxes & fees $141
INCLUDES accom on the Vegas Strip. Departs Aug 26/wsv/ws. UPGRADE to 4-star Luxor for $7 per night.

***Walt Disney World* Resort**
Air + 7 Nights $377*
Disney's Pop Century Resort + taxes & fees $323
INCLUDES airfare from Montreal and 7 nights *Walt Disney World* Resort accom. Departs Aug 24/vth/ts.

Boston Air + 3 Nights $512
Courtyard Boston Tremont + taxes & fees $129
INCLUDES central accom. Departs Aug 10/ggv/dl. UPGRADE to 4-star Westin Waterfront for $14 per night. ADD Segway tour for $77.

Chicago Air + 3 Nights $595
Essex Inn + taxes & fees $134
INCLUDES central accom. Departs Aug 13/ggv/dl. UPGRADE to 4-star Conrad Chicago for $25 per night. ADD City Pass discount card for $92.

New York Air + 3 Nights 4-Star $599
Millennium Hilton + taxes & fees $122
INCLUDES Manhattan accom. Departs Aug 13/ggv/dl. UPGRADE to 5-star Loews Regency for $35 per night. ADD Empire State Building entry for $21.

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Jewellers plead guilty to illegal ivory sales in N.Y.C.

Commercialization of wildlife. More than $2 million in elephant ivory seized

Two jewellers peddled reams of ivory bangles, beads and statues made from the tusks of endangered and threatened elephants, prosecutors said Thursday as the men admitted to a wildlife crime.

Mukesh Gupta, Johnson Jung-Chien Lu and their companies pleaded guilty to illegal commercialization of wildlife, forfeited a combined total of more than $2 million US in ivory and paid a total of $55,000 to aid the Wildlife Conservation Society's efforts to help elephants.

The jewellers' lawyers emphasized that the men admitted only to selling and offering ivory without a permit, establishing it came from before the animals were protected in the 1970s.

Two New York jewelry-store owners pleaded guilty to selling and offering for sale illegal elephant ivory with a retail value of more than $2 million US Thursday.
BEBETO MATTHEWS/THE ASSOCIATED PRESS

But authorities and conservation experts said that much of the ivory was doubtless more recent and that stocking it in stores in Manhattan's diamond district inherently contributes to a worrisome boom in the illegal ivory trade.

"Poachers should not have a market in Manhattan," District Attorney Cyrus R. Vance Jr. said at a news conference, standing before a table strewn with sized ivory rings, bracelets, complete tusks — and little carved figurines of the elephants from which authorities say it all came.

"If we only look at this issue as, 'Hey, I didn't have a permit,' and you ignore the consequences, you are fuelling the trade of wildlife crime. You are encouraging and fostering the extinction of species." THE ASSOCIATED PRESS

Mongolian kids know how to horse around

Mongolian child jockeys compete in a horse-racing competition during the second day of the Naadam Festival held in Khui Doloon Khudag, on the outskirts of Ulan Bator, Mongolia, Thursday. Mongolians celebrate the anniversary of Genghis Khan's march to the world conquest with the annual sporting festival featuring traditional Mongolian events such as wrestling, archery and horse racing. ANDY WONG/THE ASSOCIATED PRESS

Federal lawsuit

Five American Samoans fight for U.S. citizenship

Five people from American Samoa have filed a federal lawsuit arguing that they should be U.S. citizens. The lawsuit challenges the constitutionality of federal laws that make those born in American Samoa U.S. nationals but not citizens, like those born in other territories. THE ASSOCIATED PRESS

Labour

Couple jailed for exploiting workers

A British judge has sent a husband and wife to jail for exploiting and forcing men into labour for little or no pay.

James John and Josie Connors were convicted of exploiting and abusing the men at a caravan site in southern England and sentenced to 11 and four years respectively. THE ASSOCIATED PRESS

Landslide

Cliff collapse registers as quake

When a cliff collapsed in Alaska's Glacier Bay National Park in June, it sent rock and ice coursing down a valley and over a lovely white glacier in what could be one of the largest landslide recorded in North America.

The rumbling showed up as an earthquake in Alaska and Canada. THE ASSOCIATED PRESS

Battle of the drivers

Town designates 'men only' parking

Triberg, a town in southwest Germany, has drawn accusations of sexism after designating two particularly tricky parking spaces "men only." The mayor says women would find it difficult to park there. THE ASSOCIATED PRESS

Misunderstanding?

Poster will remain despite criticism

A poster showing a baby with a Hitler moustache is staying up at Montreal's Just For Laughs Festival. The image had drawn the ire of B'nai Brith, with the group saying it conjured up disturbing memories. THE CANADIAN PRESS

A poster advertising the show Le Prenom in Montreal. THE CANADIAN PRESS

Quebec student protest

Organizers to visit Ontario campuses

Quebec organizers responsible for the longest and largest student strike in Canadian history are taking their message to Ontario university campuses. The nine-day solidarity tour kicks off Thursday night in Ottawa. THE CANADIAN PRESS

Sinclair inquiry

Social workers' request denied

Dozens of Manitoba social workers who dealt with a young girl who died of abuse and neglect will not be anonymous when they testify at a public inquiry into her death, the inquiry commissioner decided Thursday. THE CANADIAN PRESS

Court ruling

B.C. drivers won't be compensated

Thousands of British Columbia drivers caught by drunk-driving laws that a judge later declared unconstitutional won't be compensated for their financial losses, in a ruling by the B.C. Supreme Court. THE CANADIAN PRESS

Slow removal makes for interesting backdrop

Tourists relax on rocks in front of the Costa Concordia wreckage on the Giglio Island, Italy, on Thursday. Work has begun to remove the tons of rocky reef embedded into the cruise ship's hull, a first step in plans to eventually tow the wreck away from the island, where it ran aground last January. In a broadcast interview Tuesday, Concordia's captain Francesco Schettino described the collision as a "banal accident" in which "destiny" played a role. GREGORIO BORGIA|THE ASSOCIATED PRESS

Penn State officials showed 'disregard' for victims: Report

Sandusky scandal. Further abuse could have been prevented had Paterno, staff acted after 1998 incident

Penn State coach Joe Paterno THE ASSOCIATED PRESS

Joe Paterno and other top Penn State officials hushed up child-sex-abuse allegations against Jerry Sandusky more than a decade ago for fear of bad publicity, allowing the former assistant football coach to prey on other youngsters, according to a scathing report issued Thursday on the scandal.

"Our most saddening and sobering finding is the total disregard for the safety and welfare of Sandusky's child victims by the most senior leaders at Penn State," said former FBI director Louis Freeh, who was hired to look into one of sports' biggest scandals.

The firm's 267-page report, following an eight-month probe, stated that sexual abuse might have been prevented if school officials had banned Sandusky from bringing children onto campus after a 1998 inquiry. THE ASSOCIATED PRESS

Fuel truck. Explosion kills at least 95 Nigerians

A truck carrying fuel caught fire and exploded in Nigeria on Thursday after it veered off the road into a ditch, killing at least 95 people who had rushed to the scene to scoop fuel that had spilled, an official said.

At least 50 others were injured in the incident in the oil-rich southern Niger Delta region, said a Rivers State spokeswoman. THE ASSOCIATED PRESS

TD. Iranian community angered by bank bans

Iranian Canadians whose accounts with one of Canada's biggest banks have closed say they feel they're being treated as second-class citizens.

Members of the community say TD Canada Trust began notifying a number of Iranian-Canadian clients in May that it would no longer provide them with banking services. THE CANADIAN PRESS

French Alps. Avalanche kills 9 European climbers

A slab of ice broke off Thursday high in the French Alps, sparking an avalanche that swept nine Europeans to their deaths as they tried to climb Mont Blanc, authorities said.

Eleven other climbers were hospitalized and at least four are still unaccounted for.

Two climbers were rescued as emergency crews continue the search. THE ASSOCIATED PRESS

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Simon Whitfield named Canada's Olympic flag-bearer

Curse or Blessing?
Triathlete declares that leading the Canadian team into London 2012 opening ceremonies will not be a burden

Some consider it a jinx, others too much of a distraction, but Simon Whitfield says being Canada's flag-bearer will be his secret weapon.

The 37-year-old triathlete will lead the Canadian team into the opening ceremonies at the London Olympics later this month.

Whitfield won a gold medal for Canada at the 2000 Sydney Games where triathlon made its Olympic debut, and then captured a silver at the 2008 Beijing Games.

And the native of Kingston, Ont., suggested Thursday after being introduced as flag-bearer that the honour of carrying the Maple Leaf will help him reach the podium once again.

Debunking the myth

"It's so last century to say that it's a jinx."

Canadian Olympian Simon Whitfield responds to questions about whether being the Olympic flag bearer is unlucky

Canada's flag-bearer for the 2010 Winter Olympics was Clara Hughes, who went on to win a bronze medal in speed-skating.

At the 2008 Beijing Games, kayaker Adam van Koeverden won a silver medal in the 500 metres after carrying the flag, though he also finished a disappointing eighth in the 1,000.

Diver Alexandre Despatie had also been considered a contender to be named flag-bearer but said recently he would decline the offer because it was a distraction.

The opening ceremonies are July 27 and Whitfield will compete on Aug. 7.

THE CANADIAN PRESS

Triathlete Simon Whitfield waves the Canadian flag during Thursday's Olympic ceremony on Parliament Hil. FRED CHARTRAND/THE CANADIAN PRESS

Letdown in London.
Problems mount for hosts ahead of summer Olympiad

With the Olympics just two weeks away, embarrassing logistical problems about security, staff, phones and traffic made the mood Thursday in London as gloomy as the weather.

British lawmakers clamoured for an explanation why the armed forces need to field more troops to protect the Games, eclipsing the day that U.S. track star Michael Johnson held the Olympic flame aloft at sunrise at the ancient monument at Stonehenge.

London's aging infrastructure kept offering up unpleasant surprises as the main road near Heathrow Airport remained closed following emergency repairs. The British mobile-phone company O2, meanwhile, acknowledged that thousands of customers had been affected by outages on its network — a bad omen ahead of the first iPhone games.

And then there was the weather. Rain on and off and on again.

London's Hyde Park — the site of outdoor concerts and other live events — has trucked in piles of wood chips to cover a muddy quagmire after the wettest June on record. Someone apparently decided that recreating Woodstock wasn't very Olympic-friendly.

THE ASSOCIATED PRESS

Security shortfall

British Home Secretary Theresa May confirmed Thursday that the government will deploy an additional 3,500 servicemen at the London Olympics amid concerns that a private security contractor had failed to recruit enough staff.

- **Failure.** The firm G4S had been enlisted to provide 13,200 private security guards at 100 Olympic venues
- **A standing army.** The move brings the number of armed forces staff at the games to 17,000, dwarfing the 9,500 troops Britain has in Afghanistan

Banned in Britain

What not to bring to London 2012

Heading to the London Olympics? Enjoy yourself — but please leave the pets, the fireworks and the big hat behind.

London organizers have published a list of items prohibited at venues for the July 27-Aug. 12 Olympic Games.

The list tells visitors not to bring "large golf-style umbrellas," which could restrict others' view, and "oversized hats," for the same reason.

Also barred are "excessive amounts of food." Noise-hating visitors will be relieved to find "hunting horns, air horns, klaxons, drums, vuvuzelas and whistles" on the banned list. THE ASSOCIATED PRESS

An Olympic first

Saudi Arabia's team includes female athletes

Saudi Arabia will send two female athletes to the London Olympics, ending the ultraconservative Muslim country's record of fielding only all-male teams at the games.

The decision, announced Thursday by the IOC, means every country competing in London will include women athletes for the first time in Olympic history.

The two female Saudi competitors are judo athlete Wodjan Ali Seraj Abdulrahim Shahrkhani and 800-metre runner Sarah Attar.

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Supreme Court reins in array of copyright fees

Rights levy. Top court rules on five different cases involving tariffs set by the Copyright Board

The Supreme Court of Canada has reined in the application of copyright fees levied on music, movies, video games and printed materials that Canadians download and copy in different ways.

The top court examined five different cases at once that touched on tariffs set by the Copyright Board.

One of the biggest cases involved ministers of education and school boards from across the country versus Access Copyright. The two sides had butted heads at the Copyright Board over how much schools had to pay for the right to photocopy parts of books for students.

In a 5-4 decision, the Court found that the Copyright Board had incorrectly treated teachers differently when they photocopied materials for their students, "driving an artificial wedge into these unified purposes of instruction and research/private study."

The four other cases involved the layering on of fees for works based on the way they are transmitted to the consumer.

The court decided unanimously that there should be no copyright fees levied on cable companies or other digital providers when music is downloaded, but that artists should be compensated when it is streamed online.

The music downloading and streaming decision was linked to another one that dealt with software companies that sell their video games online. The court found in a 5-4 decision that those firms shouldn't pay royalties for the music that's featured in those video games every time a consumer downloads a product online.

Finally, cable and other Internet providers should not have to pay fees when music downloaders listen to previews of songs. The court found unanimously that those previews constituted research and therefore did not infringe the Copyright Act.

THE CANADIAN PRESS

A model modern aircraft

United Airlines CEO Jeff Smisek accepts a model of Boeing's new 737 Max 9 from Boeing Commercial Airplanes CEO Ray Conner, left, during a news conference on Thursday in Chicago. United Airlines and Boeing announced that United is buying 150 Boeing 737s, and is planning to use them to replace older planes that are not as fuel-efficient.

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Passwords leaked

Yahoo confirms security breach

Some 450,000 Yahoo users' email addresses and passwords have been leaked because of a security breach, the company confirmed Thursday, adding that just a small fraction of the stolen passwords were valid.

Among the stolen emails and passwords were many from Yahoo's own email service along with those of other companies.

Yahoo said it is fixing the vulnerability that led to the disclosure, changing the passwords of affected Yahoo users, and notifying other companies whose users' accounts may have been compromised.

"We apologize to all affected users," the company statement said.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 98.17¢ US (+0.12¢)

TSX 11,425.47 (-119.17)

OIL $86.08 US (+27¢)

GOLD $1,565.30 US (-$10.40)

Natural gas: $2.874 US (+2.1¢)
Dow Jones: 12,573.27 (-31.26)

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THE LIST
Mike Benhaim
Metro

1 **The Blacker the Berry....** RIM CEO Thorsten Heins announced that the BlackBerry 10 launch will be delayed until the first quarter of 2013. Surely, this is a shrewd ploy to lure iPhone and Android producers into a false sense of success during peak purchasing season before unleashing their messianic unicorn upon an economically depressed public just teeming with buyer's remorse. That'll show 'em.

2 **1,000 words.** There is nothing funny about the wildfires that ravaged the western U.S., but pictures of the disaster captured by astronauts have given the International Space Station the distinction of "most expensive camera" in the universe.

3 **Reverse psychology.** U.S. Republican presidential candidate Mitt Romney was booed at the NAACP annual conference, and responded by saying, "If I don't stand for what they want, go vote for someone else." Nice strategy. I wonder if that could become his new campaign slogan.

4 **Katie's cruisin'.** Kudos to the recently divorced Holmes and Tom Cruise for achieving a settlement that was quicker and more mature than a Kim Kardashian marriage.

5 **Career legacy.** After eight Oscar nominations, four Golden Globes, a BAFTA and an Emmy, 80-year-old, Royal Academy-trained Peter O'Toole, announced his retirement from showbiz this week. His statement triggered an immediate outcry on Twitter: "OMG. That's the dude that played the voice of Anton in Ratatouille."

6 **Behind the mask.** Rock star Marilyn Manson responded to a rumour that he was dating Avril Lavigne by saying, "F–k that, she's Canadian," demonstrating once again the fine line between musical genius and complete ignoramus.

7 **Is this love?** Among Caribbean coral reefs, there exists a small species of "gnathiids" that will now be known as Gnathia marleyi. Paul Sikkel, marine biologist at Arkansas State University, says he named them after Bob Marley because they are "a natural wonder and as uniquely Caribbean." I am sure that Bob's family cannot fathom a greater honour than to have his name attached to a parasitic crustacean blood feeder that infests fish.

8 **Spaced out.** Astronomers using NASA's Hubble Space Telescope discovered a fifth moon orbiting Pluto. I have absolutely no idea what this means.

9 **Muppet music.** Can you tell me how to get to Sesame Street? Well, it seems that all you need is a massive hit like Canadian sensation Carly Rae Jepsen's Call Me Maybe. A snack-inspired version entitled Share It Maybe, performed by the legendary Cookie Monster has received thousands of YouTube hits this week, solidifying the 45-year-old muppet's place in the annals of popular music. Eat your heart out, Marilyn Manson.

10 **Calling all students.** If you're not backpacking through Europe, make up an excuse for whatever lame internship you've taken and hop on a flight to Jamaica in the next few days. It's Reggae Sumfest with R. Kelly, Lady Saw, Damian Marley, Trey Songz and more. You're young. You may not remember it, but you won't regret it. Irie.

Follow The Metro List on Twitter @TheMetroList

Gnathia marleyi, a tiny blood-sucking marine parasite, named after Jamaican reggae icon Bob Marley. ARKANSAS STATE UNIVERSITY/THE ASSOCIATED PRESS

Alabama dogs play it cool

DAVE MARTIN/THE ASSOCIATED PRESS

Unleashed in the U.S.

Dog days of summer have just begun

An unidentified Great Dane inspects one of the many fountains at the new Alabama Dream Dog Park in Alabaster, Ala., Thursday.

The $500,000 US renovation creates a dog park with many unique features, which include custom-designed splash pads to keep dogs cool during hot Alabama summers, a fetch football field with fire hydrant goal posts, a hill that dogs and owners can climb together to enjoy the view, a doggie-wash station, and an adventure path with tunnels and agility hoops, among others.

The concept for the park came from former Shelby Humane Society executive director Jenny Wilson, who won the Beneful dream dog park contest.

"It's so much more than I could have ever imagined," Wilson told local media after taking her dogs Honey Belle and Baxter, through the park. THE ASSOCIATED PRESS

A dog runs through the fountains at the new Alabama Dream Dog Park. The park is complete with tables and water fountains — some tall enough for humans and some low enough for dogs.

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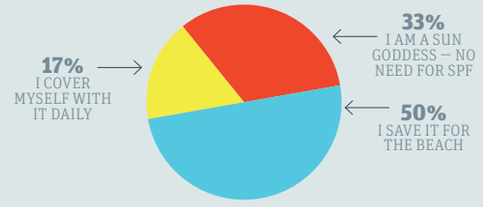

Twitter

@freyaledda: Today's weather: in between WTF and OMG. #Ottawa

@mateoooperalta: When you get attacked by ducks at mooney's bay #OttawaProblems

@habbe79: You just been octranspo-ized! *meaning you waited for a late bus in a hot weather! #octranspo

@denisekathryn: Weird people of #octranspo: pregnant looking 20 something looking girl on the bus carrying a baby, wait..it's a doll. Oh. #ottawa

@JaayAllDay: When I'm hungry, I picture that monster thing that's the #Bluesfest logo in my stomach and think "so that's where the noise comes from"

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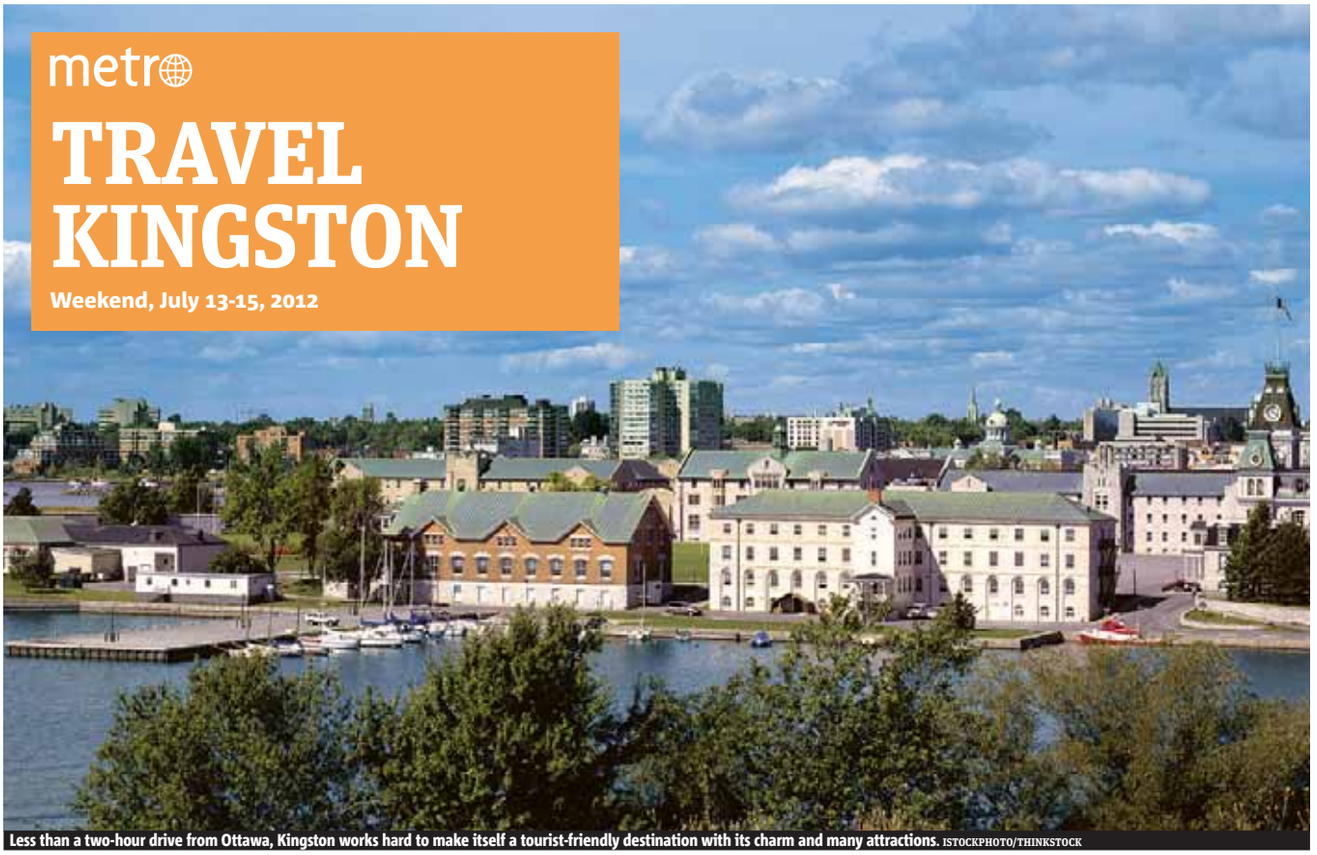


Less than a two-hour drive from Ottawa, Kingston works hard to make itself a tourist-friendly destination with its charm and many attractions. ISTOCKPHOTO/THINKSTOCK

Your first-choice destination

Charming city. Kingston is known for a number of firsts, including being the first capital of Canada

ASTRID VAN DEN BROEK
For Metro

There might be a few interests drawing you to Kingston. As the home to Queen's University, it's part university town and has plenty for students and others to see and do.

Or perhaps you are interested in its correctional history. After all, the city houses — for now, until it closes in 18 months — the Kingston Penitentiary and Canada's Penitentiary Museum. But Rob Carnegie, director of Tourism Kingston, prefers to think of the city of almost 124,000 residents as a city of firsts.

"Kingston's a destination for a number of firsts," he said. "We're the first capital of Canada. The Fort Henry site and the Kingston fortifications are Ontario's only UNESCO World Heritage site. And then it was established within the Upper Canadas that Kingston was the first parliamentary region in Canada."

That notable designation adds to the city's charming aged feel as well.

"With the culture and the architecture here of the buildings, the historical designations, the city is almost like a little Quebec City. We have quaint coffee shops and boutiques and we've really tried to preserve the historical significance in the buildings and roads and streetscape," said Carnegie.

Military buffs, of course, would be particularly drawn to the city's Fort Henry National Historic Site. Built from 1832 to 1837 on top of Point Henry, the Fort never actually came under attack, said Carnegie, but it was used as a citadel for soldiers and prisoners of war were housed there as well.

Preservation

"We have quaint coffee shops and boutiques and we've really tried to preserve the historical significance in the buildings and roads and streetscape."
Rob Carnegie, director of Tourism Kingston

As a less than two-hour drive from Ottawa, Kingston works hard to make itself a tourist-friendly destination. Along with the many festivals and events offered throughout the summer, the city also makes the most of its geographic location — namely, its waterfront, which hosted the 1976 Summer Olympics sailing regatta.

"The water is a major asset here. Our claim to fame is we're the freshwater sailing capital of the world," said Carnegie.

Kingston hosts CORK annually, the international two-week sailing regatta, and Kingston also welcomes other elite and world-class sailing events.

"Plus, there's fishing and power boating and sailing here," he added. "All of which are a major draw."

You can shop till you drop

There's more to Kingston than just history and an iconic watery landscape.

Consider the city's many shops from antiques and books to thrift stores, designer brands and fashions and speciality food stores.

If you have a traditionalist on your souvenir shopping list, you won't want to miss Cellar Door Antiques at 359 Barrie St. With a 30-plus-year pedigree, this shop offers fine glass, china, beautiful Victorian furniture and many other collectibles.

Located in Historic Market Square behind city hall, try the Kingston Sunday Antique Market for classic furniture, vintage clothing, jewelry, coins, glass, and militaria.

Fashionistas must catwalk their way to 127 Princess St. to check out Felicity & Fritz, one of the city's delightful gems for styles, brands and the ultimate in customer service.

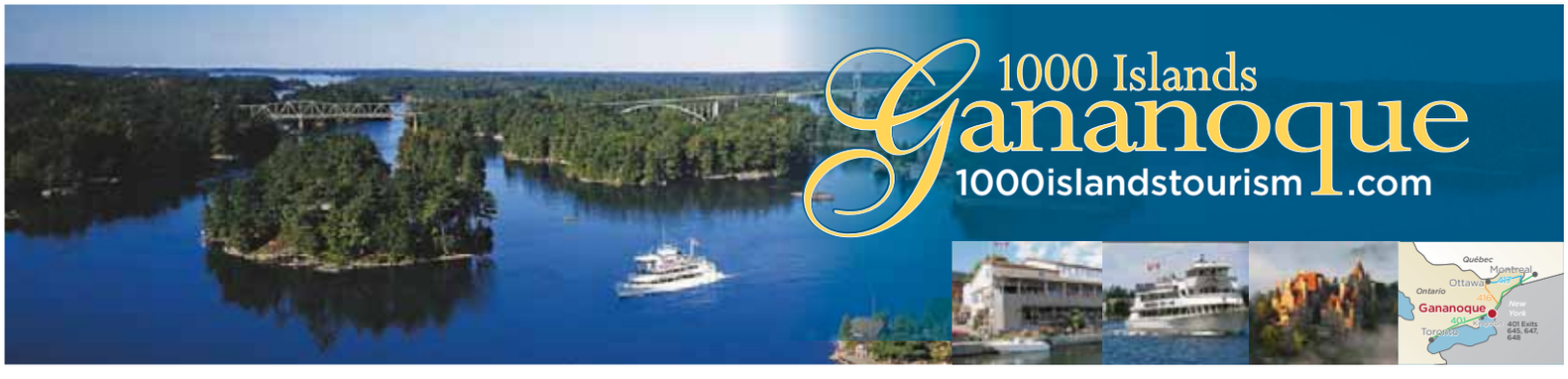
Just down the road a bit at 210 Princess is a fashion store for younger men. Rockit Boutique offers hip-hop clothing and skater fashions for men.

If you are looking for clothing that's more outdoorsy and adventure-based, try the city's third oldest retailer, A-1 Clothing, at King and Princess.

For the budget-conscious, consider checking out Phase 2, a family-owned clothing and uniform store at 353 Princess. Take a look at the store's awesome line of recycled Queen's University apparel.

For a tasty treat or refreshment after a hard day of shopping, Cooke's Fine Foods & Coffee at 61 Brock St. is a must visit.

KELLY PUTTER



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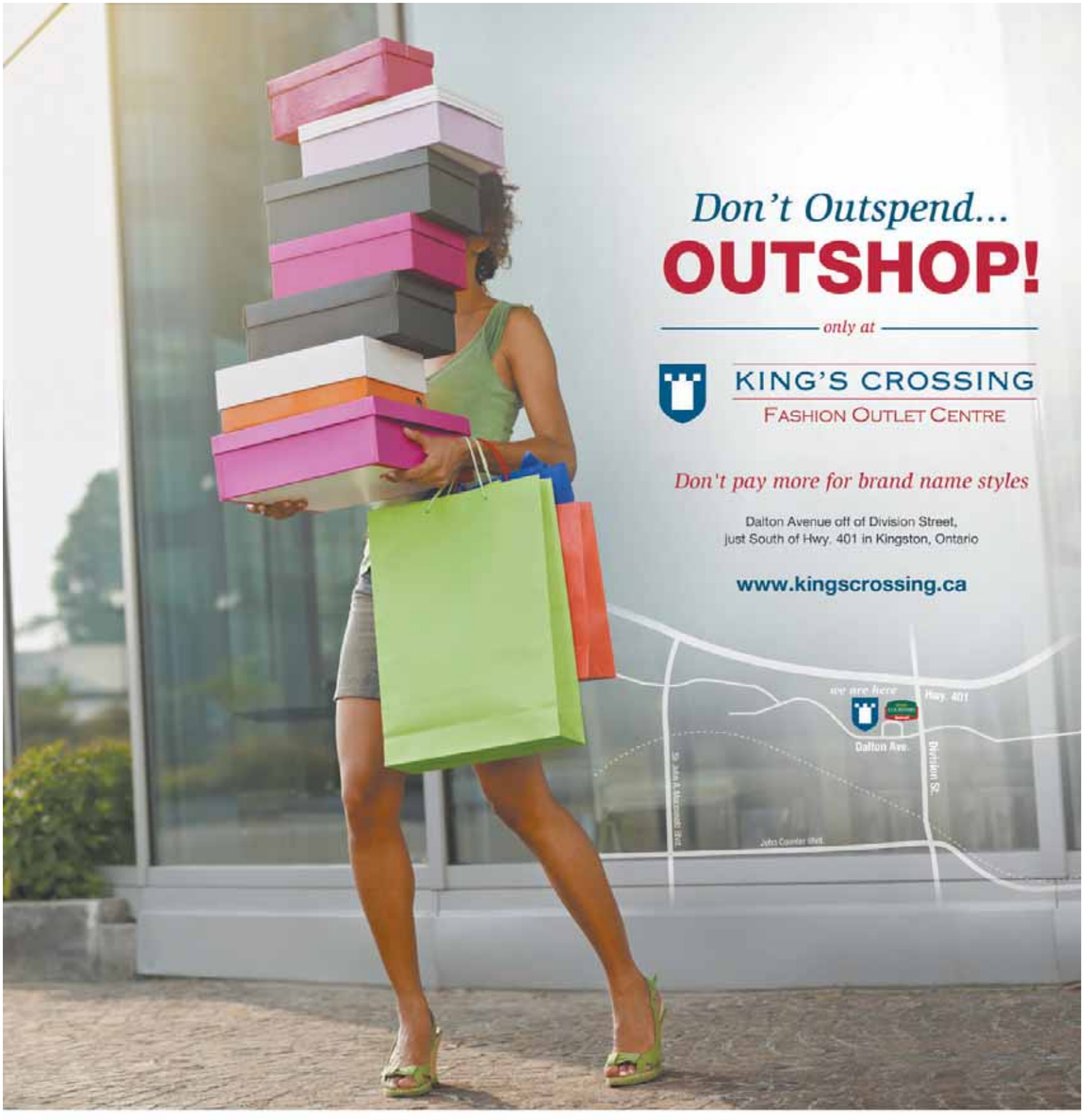

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TOOTSIES SHOE MARKET

Summer calendar. Take your pick of events

Looking to take in an event this summer? Kingston has a packed calendar of events to check out. Here are some highlights:

July 12-15: Kingston Buskers Festival promises a weekend of entertainment featuring acts such as Bike Boy (who performs bike stunts, juggling and more), Bandaid the Clown, acrobatic break dancing show B-Extreme, and much more.

July 14: Fort Henry presents The World Heritage Sunset Ceremony Series. Every Wednesday and Saturday evening in the summer, college and university students re-enact The Fort Henry Guard Drums, Drill Squad and Artillery Detachment, which will turn back time to the 1860s.

July 19-Aug. 30: Catch Movies in the Square every Thursday night. Bring a lawn chair and watch a free outdoor flick at Springer Market Square. Movies throughout the summer include The Muppet Movie, Gentlemen Prefer Blondes, and The Wizard of Oz.

Aug. 3-5: Back for its eighth season, the Canadian Guitar Festival features performers, competitions, workshops, camping and even a lobster dinner.

Aug. 10-12: Sheep Dog Trials & Canadian National Championships. Animal lovers can take in animal shows, agility demonstrations, craft and artisans fair and more

Aug. 18: The Kingston Women's Expo rounds up local businesses that are run by women and offer services to women. The daylong event includes exhibits, sampling, entertainment and interactive demonstrations.

Aug. 19: The CORK Olympic Classes Regatta. CORK/Sail Kingston invites sailors and water lovers from all over in the Laser, Laser Radial, Finn, 29er, 49er, RS:X/Windsurfer, and 29erXX classes to come and sail in the CORK OCR Regatta.

Aug. 23-26: Limestone City Blues Festival. In its 16th year, this year's lineup features artists such as Ruthie Foster, the 2012 Blues Music Awards winner of the Koko Taylor Award for traditional female blues artist, Curtis Salgado, David Gogo and many more entertainers.

Aug. 25: J22 Canadian Championships. Two days of course racing at Portsmouth Olympic Harbour.

Sept. 1: Fare on the Square. Foodies, come and sample the wares of local Kingston chefs as well as farmers' markets vendors. **ASTRID VAN DEN BROEK**

Kingston boasts the most golf courses per capita in Canada, according to SCOREGolf magazine. GEORGE DOYLE/STOCKBYTE/THINKSTOCK

Swing by Kingston for your golf fix

KELLY PUTTER
For Metro

If swinging a golf club is all you can think about during your time off, Kingston is the perfect place to tee it up.

"We have quite a few who come for a weekend and do two or three different golf courses," said Chris Whyman, manager of visitor services for Tourism Kingston. "They come here for a little golf vacation."

That may be an understatement. According to SCOREGolf magazine, Kingston has the most golf courses per capita in Canada.

Public and private courses abound with everything from the more pricey greens fees at Loyalist Golf and Country Club right on down to the less expensive city-run courses such as Belle Park Fairways, which is known affectionately by locals as The Dump because it's located on a former landfill site.

If golfers are looking for a challenge, there are plenty of courses to oblige and many offer pro shops, equipment rentals, food services and lessons.

The Landings Golf Course & Teaching Centre is located near the Kingston Airport, one of the city's premiere courses that lets you play 18 holes for just $23. The 12-year-old, par-63 course has a 4,200-yard layout, making it ideal for the pro or amateur.

"The course at the airport is kind of neat because you have planes circling you while you're making a putt," said Whyman.

Believe it or not, there's a golf course on Wolfe Island, the largest of the Thousand Islands, which offers players a distractingly beautiful view of the St. Lawrence River. Known as the Wolfe Island Riverfront Golf Course, this par-35 course is 3,100 yards and is appropriate for either the accomplished golfer or the novice.

The city has more than its share of golfing fame and fortune. This September, Kingston is home to the Great Waterway Classic, a PGA of Canada tour event that features some of the great golf courses of the region from Prince Edward County to Cornwall.

It's expected that Kingston golfer Matt McQuillan will be in the field.

"He's a professional golfer who's been bringing recognition to courses in and around this region," said Whyman.

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History comes Alive

Retrace the soldier's steps and watch guards fire cannons at Fort Henry, Kingston's premier historic attraction. HEMERA/THINKSTOCK

Kingston is perfect spot for serious or casual history buffs

PETER DOYLE
For Metro

Established in 1673, Kingston is the oldest city in Ontario and the perfect destination for both serious and casual history buffs. Rich in architecture and historical sites, and home to a dozen museums, Kingston is where Canada's history truly comes alive.

Fort Henry, the majestic 19th-century British military fortress, presides on a hilltop, overlooking Lake Ontario and the confluence of the St. Lawrence and Cataraqui rivers. Kingston's strategic location was a key factor in the construction of the Rideau Canal. Completed in 1832, the canal provided an alternative transportation link between Upper and Lower Canada (present-day Ontario and Quebec) through Bytown (Ottawa). The canal also helped Kingston become a major economic and military centre. Today, downtown streets are lined with classical architecture, and every block boasts a well-preserved Victorian home or limestone building. Whether you have a day or a full week, you can journey through three centuries of living history and discover Canada's rich heritage in Kingston. Some highlights to consider:

Fort Henry
Fort Henry is Kingston's premier historic attraction. Retrace the soldier's steps and watch the guards perform military drills and fire the cannons. Don't miss the spectacular sunset ceremony, complete with a fireworks finale, every Wednesday in the summer. For more information, visit forthenry.com.

Bellevue House
Bellevue was home to Sir John A. Macdonald, Canada's first prime minister. Visit this national historical site and be part of the costumed interpreters' recreation of day-to-day life in the 1840s. For more information, see parkscanada.gc.ca.

Confederation Tour Trolley
Highlights of this entertaining 50-minute tour include the Royal Military College, Fort Henry, Fort Frontenac, and Queen's University. For more information, visit kingstonchamber.on.ca.

Rideau Canal Waterway and Locks
The Rideau Waterway, a Canadian National Historic Site, consists of a series of beautiful lakes and rivers connected by canals. It is the oldest continuously operated canal in North America. The locks operate today much as they were when first opened in 1832. For more information, see rideau-info.com.

Haunted Walk
Take the infamous evening walking tour through the streets of the Limestone City by lantern light. Explore Kingston's darker history and delight in the chills provided by authentic ghost stories told by accomplished guides. For more information, visit hauntedwalk.com.

Pedal power. See the city by bicycle

It's summer and for many people, it's also the season to hop on a bike. So why not incorporate cycling with your summer travel plans?

Here are six reasons to cycle your way through Kingston.

1 Its compact downtown: "Kingston has a great road network and the downtown core is so compact that it's really easy to get around on a bike," said Andy Mills, who has been cycling around Kingston for almost 12 years and is also a founding member of a non-profit charity called Cycle Kingston. The downtown core and beyond is also fairly bike-friendly, Mills added.

2 The Rack and Roll: From April to November, all cyclists are welcome to rack their bikes on the front of Kingston Transit buses for free. So if you are tired and can't bear the thought of cycling back, you can catch a bus and load your bike onto the steel mounts on the front of the city's buses.

Kingston offers many reasons to cycle around the city, including a compact downtown and scenic views. GEORGE DOYLE/STOCKBYTE/THINKSTOCK

3 The geography: "We basically don't have any hills here in Kingston," Mills said. "We have a few including the Fort Henry hill, but compared to elsewhere it's essentially flat." Add riding along the available waterfronts, and you are guaranteed a scenic view on your tour.

4 The K&P Trail: Also known as the "Kick and Push trail," this 15-kilometre trail is a multi-use route for not only cyclists but hikers, runners and more. "The trail is an old rail bed that connects eventually to the Trans Canada Trail and there's a lot of effort right now to connect it to the downtown core," Mills said.

5 Bike rentals available: Don't love the thought of schlepping your bike all the way from home to Kingston? Rent a bike — companies such as Ahoy Rentals have bikes to rent for men, women and children. (Locks included).

6 Its tourism is bike friendly: "There are some wonderful bed and breakfasts here that are particularly friendly to cyclists," Mills said. ASTRID VAN DEN BROEK

Set up camp for a night ... or two

Nestled where Lake Ontario, the St. Lawrence River and the Rideau Canal converge, Kingston is a camper's paradise. The gateway to the Thousand Islands, Kingston is surrounded by natural beauty and is within a short drive to 12 provincial parks, several national parks and many private campgrounds.

Recreational opportunities abound: Biking, hiking, fishing, swimming, sailing, scuba, or simply relaxing by the water and lying under the stars. Kingston is the perfect launch site for experienced and novice campers alike.

Families with young children will enjoy the 1000 Islands/Kingston KOA, only five minutes from downtown. This leafy enclave accommodates RV's and also has tent sites, cabins and even air-conditioned cottage rentals available. KOA Kingston has everything from a heated swimming pool and large playground to Wi-Fi and a dog park.

Thirty minutes further along the Thousand Island Parkway, one of the most scenic drives in North America, the somewhat more rugged charms of the Ivy-Lea campground will appeal to older children and more experienced campers. The campground is set in the heart of the Thousand Islands at the foot of the towering Ivy Lea Suspension Bridge. This jewel of the St. Lawrence Parks system offers 150 campsites and four cabins amid the granite and greenery of the Frontenac Arch Biosphere Reserve.

The truly adventurous should plan well ahead to camp at St. Lawrence Islands National Park. The smallest of Canada's national parks, and the first established east of the Rockies, it consists of several ecologically important mainland properties and more than 20 islands between Kingston and Brockville. St. Lawrence Islands National Park maintains primitive campsites on 12 of the park's islands, accessible only by boat. Experienced campers can forge unforgettable memories by roughing it in peaceful isolation.

PETER DOYLE

Take a walk has a different meaning

The stories of old Kingston are so rich and vibrant, what better way to tell them then with a walking tour.

In Sir John A.'s Footsteps is a self-guided walking tour of Canada's first prime minister's old stomping grounds. The printed guides for the walking tour, along with MP3 players that include the audio portion of the tour, are available to visitors at the tourist office across from city hall at 209 Ontario St.

"Kingston has a wide variety of anecdotal stories from hauntings to history," said Chris Whyman, manager of visitor services for Tourism Kingston and the city's town crier.

These hour-long tours begin at city hall at 216 Ontario St. and wind their way through the city's old Sydenham Heritage area. The historic walks include:

Earl Street — a four-block walk of Kingston's oldest homes.

King Street — a five-block walk of the city's stately historic buildings.

Naval Historic Sites — visit parks, monuments, museums and dockyards in this tour of Kingston's 300-year-old naval history.

Ontario Street — learn about city hall's architect, the Grand Trunk Railway stations and the Prince George Hotel.

Architects John and Joseph Power — check out the 19th-century buildings built by the Powers.

Princess and Brock streets — a tour through the old business district of Kingston.

Wellington Street — see this five-block stretch of well-preserved historic homes.

See cityofkingston.ca/visitors/walkingtours.asp for more information.

If you are looking for a tour that's a little more edgy, try the original Haunted Walk of Kingston, a 90-minute tour that features the city's last hangings at the old courthouse and the haunted student ghetto house. For more, see hauntedwalk.com.

KELLY PUTTER

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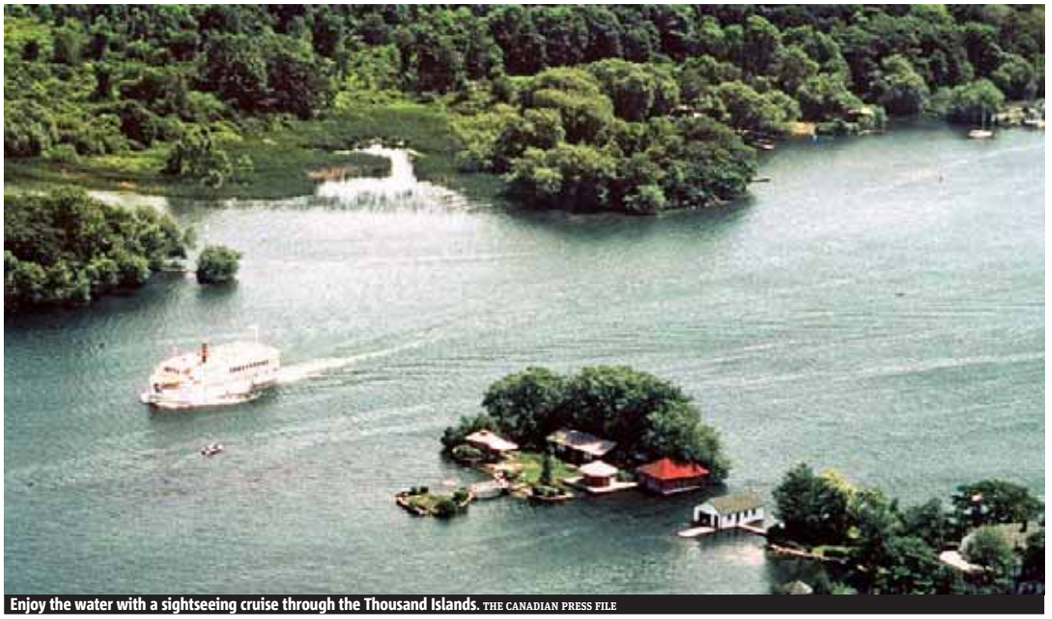
Must-see spots in Kingston

Sights. There is no way you will be bored if you check out these 10 destinations

ASTRID VAN DEN BROEK
For Metro



Enjoy the water with a sightseeing cruise through the Thousand Islands. THE CANADIAN PRESS FILE

What to do and see in Kingston? Here's a top 10 list of must-see sights while you are in the city.

1 Canada's Penitentiary Museum: In the city that's home to the Kingston Penitentiary, this self-guided museum inside the former warden's residence offers displays of contraband items, inmate art and replicas of cells. "With Kingston Pen closing in the next 18 months, there's a whole lot more buzz and interest in corrections here," says Rob Carnegie, director of Tourism Kingston.

2 Kingston's waterfront: Take a look at the beautiful waterfront through the city's scenic eight-kilometre walking trail.

3 Fort Henry National Historic Site of Canada: This fort, Rideau Canal and the city's fortifications network was named a UNESCO World Heritage Site in 2007. Inside, take in military demonstrations by the Fort Henry Guard and more. "The Fort just completed a $10-million discovery centre and it's very much an interactive attraction," Carnegie said.

4 Kingston Grand Theatre: Built in 1879, this 820-seat facility is home to The Kingston Symphony and hosts concerts and stage productions. "The theatre is brand new again thanks to a revitalization program," Carnegie said.

5 Gould Lake Conservation Area: Looking for nature? Gould Lake Conservation Area promises 589 hectares of wilderness in the Canadian Shield.

6 Royal Military College of Canada Museum: Learn about Canadian military education in the museum, housed in the Fort Frederick Tower.

7 Kingston Family Funworld Park: Do the children need a break from history? This park offers three-screen drive-in movies, a quarter-mile go-kart track, batting tent, mini-golf and more.

8 Kingston City Hall: Built when Kingston was the first capital of Canada, stop by to see the largest known portrait of Sir John A. Macdonald, Canada's first prime minister.

9 Pump House Steam Museum: Located on the city's waterfront, see original steam engines powering Kingston's first water pumping station. Kids should stop by the Gordon C. Leitch Discovery Centre and model railways.

10 1000 Islands Cruises Kingston: Enjoy the water through a sightseeing, lunch or dinner cruise through these notable bodies of water. "Cruising the Thousand Islands is a must," Carnegie said.

Food. City has a vibrant appetite

KELLY PUTTER
For Metro

Le Chien Noir Bistro at 69 Brock St. CONTRIBUTED

At almost 124,000, Kingston's population might be considered smallish, but its appetite for a vibrant and international cuisine is quite large.

Kingston boasts its own Asian, Indian, Greek, Italian and Portuguese communities, which have had a positive impact on the restaurant scene, says Connie Markle, tourism and trade manager for Tourism Kingston.

"Food and beverage is serious business here," Markle said. "I think our dining experience can easily compete with the largest cultural and urban centres in North America."

The city has more than 200 restaurants, pubs and patios, featuring everything from eastern Ontario cuisine to dishes from around the world. Here's a taste of just a few:

Woodenheads Gourmet Pizza at 192 Ontario St. offers customers a mid-market pie experience that has it ranked No. 1 on Urbanspoon, an online restaurant review site. The menu offers a wide variety of pizzas that start at $8.30 and range to more than $20.

Pan Chancho Bakery & Café at 44 Princess St. is the place to head to if you are hungering for a scrumptious weekend brunch, baked treat, or a yummy breakfast or lunch any other day of the week. Producing fresh-baked goods every day, the bakery and café offers a dessert department, European and local cheeses, barbecue meats and chickens, local organic greens and groceries and ready-made salads. It's owned by Zoe Yanovsky, daughter of the late Zal Yanovsky, former Lovin' Spoonful member, who launched Chez Piggy in 1979, another Kingston dining landmark.

Dining

"Food and beverage is serious business here. I think our dining experience can easily compete with the largest cultural and urban centres in North America."

Connie Markle, tourism and trade manager for Tourism Kingston

For local, farm-to-table comfort food drop by Le Chien Noir Bistro at 69 Brock St. This loud, busy and friendly French bistro in historic Kingston is located near the farmers' market so its menu varies according to what vendors are selling on market day. Exposed brick walls, tin ceilings with old schoolhouse lighting add to the welcoming atmosphere. The restaurant features local beers and wines as well.

The Pan Chancho Bakery & Café at 44 Princess St. CONTRIBUTED

Decorated as a 1950s style diner, Tommy's offers guests a fun and unique menu of items such as toast with peanut butter topped with bacon and maple syrup and Mikey B's Eggs Benny. Added bonus: The restaurant at 377 Princess St. stays open 24 hours from Thursday to Sunday.

For authentic Indian cuisine give Curry Original at 253A Ontario St. a try. The relaxed waterfront restaurant sets the stage for rich aromatic flavours that appeal to seasoned curry lovers as well as neophytes of Indian food.

Reliving the Flight of Royal George

The tramp of hundreds of marching feet, the roar of musket fire, the bang of cannons and the imposing sight of a squadron of tall ships heralded the start of the bicentennial of the War of 1812 along the eastern shore of Lake Ontario, between the tiny village of Bath and Kingston.

The re-enactment, dubbed the Flight of the Royal George, which featured 650 participants from Ontario, Quebec, the United States and Britain, five tall ships and 10 smaller gunboats, was a recreation of an incident in November 1812, when the USS Oneida and six gunboats lay in wait in hope of intercepting HMS Royal George, the largest warship on the lake.

In addition to the naval manoeuvres between Kingston and Bath, the 2012 version of events featured a strong showing by land units with several period encampments in Bath and at Fort Henry in Kingston.

The throngs of spectators, estimated by the Ontario Provincial Police to have numbered 45,000 over the course of the event, greeted the arrival of the invaders with a chorus of boos.

The conquerors went about securing Bath in the interests of life, liberty and the pursuit of happiness, all the while meeting and greeting the wandering bands of tourists to try to give them an idea of army life 200 years ago.

After dinner, for some of the Canadians, it was time for a change of clothes and allegiance.

The British, it seems, were spotted offshore about to make their own landing to try to retake the village.

To beef up the coastal defence, some of the redcoats were now greycoats.

After a spectacular night battle, with orange flames spouting from the muskets and cannons of the defenders, the attackers were driven off and Bath remained in U.S. hands.

It was not to last, though. The next day, after a stubborn street fight through the village, the republic's troops were crushed and Bath was once more free to enjoy peace, order and good government. TIM AVERY

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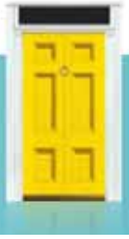

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Ice Age: Continental Drift suffers from a lazy script. HANDOUT

Critique

Children weigh in…

Forget what the crabby adults have to say, Ice Age: Continental Drift is aimed squarely at the kids. My sons — junior film critics Jack,5, and Elliot, 3, — joined Richard and I at a recent screening and had plenty to say about the experience. "I liked the 3D," said Jack, who usually tosses his glasses out of frustration mid-way through the film. As for little Elliot, at one point during Ice Age's relentless slapstick shtick, he laughed, shook his head, turned to me and in a voice loud enough that the entire theatre could hear him said "Dad, this is REALLY stupid!" Out of the mouths of babes….

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Ice Age pleases kids, freezes out adults

Tired and trite. Latest installment of this family franchise has the reviewers counting the years till these characters are extinct

Richard: Chris, I loved the Simpsons short that plays before Ice Age. It's a funny, gently paced thriller for kids with jokes that parents and film geeks will love. In fact, I wanted more of that and less of Ice Age. The main feature is nicely animated but is saddled with a story so by-the-book it feels like it would have been old hat even in the ice age. That's my take. You, however, had two of the world's youngest film critics with you. What did they think?

Chris: Indeed, I brought my sons Jack, 5, and Elliot,3, with me and as you'll read in the sidebar, they were more impressed than I. Now, I'd watch a movie about lawn darts if it was in 3D, so my eyeballs were pleased by all the razzle dazzle. But other than that … Ice Age left me kinda numb. And here's my biggest problem with the picture and all of the Ice Age films … Manny the Mammoth.... you can't see his mouth. He has NO expressions. The dullest animated hero in recent memory.

RC: Manny's not aided by a lazy script that feels like it was run through the Cliché-O-Matic. The theme — family and friends mean everything — has been done before and better. Couple that with jokes that come out of nowhere and feel tacked on, and you're left with a movie that is as lifeless as Manny's expression.

CA: Absolutely. It also doesn't help that dead-eyed Manny is voiced by Ray Romano, whose velvet tones remind me of a post-pubescent Kermit the Frog. The rest of the cast phones it in too (maybe literally!), obviously due in part to that sleepy script you've mentioned. The only one that registers is Game of Thrones' Peter Dinklage, who is monstrous and scuzzy as the pirate monkey Caption Gutt.

RC: Agreed. Dinklage is horrifying and scuzzy, in a good way. Also horrifying: they still have 20,000 years of history and sequel potential to go.

CA: Until they end up in space, right? But our gripes won't stop the kids from dragging their parents to it this weekend.

Synopsis

The movie begins the saber-toothed squirrel Scrat's efforts to protect his only possession — his prized acorn — lead to the great Continental Drift. As the earth shifts, woolly mammoth Manny (Ray Romano), Sid the sloth (John Leguizamo) and Diego the smilodon (Dennis Leary) get separated from their families. Their journey to reunite with their kin puts them directly into the path of ape pirate Captain Gutt (Peter Dinklage). Chris Alexander sits in for Mark Breslin.

- Richard: ●●○○○
- Chris: ●●○○○

2 SCENE

Scene in brief

Shaq is back — on TV

Cable channel truTV is putting Shaquille O'Neal on its team with a new series. The channel said Wednesday that it's ordered 10 episodes of Upload with Shaquille O'Neal, the working title for a series with the basketball star. Actors and comics Gary Owen and Godfrey will join O'Neal on the show. The trio, along with a weekly guest, will share funny videos they find online and create their own, truTV said. Pranks and pop culture parodies also will be part of the mix. In a statement, O'Neal promised Upload will "deliver big laughs." A debut date for the series was not announced.
THE ASSOCIATED PRESS

On the web

DreamWorks plans to bring Shrek, Kung Fu Panda to theme park at stalled New Jersey mall

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Comedy

Bernie

Director. Richard Linklater

Stars. Jack Black, Shirley MacLaine

Richard Linklater's docudrama takes off from the bizarre real-life story of a Texas funeral home worker who murdered his elderly female companion. But it's not a lurid, ripped-from-the-headlines melodrama. Instead, this gifted filmmaker fashions an oddly affectionate paean to small-town eccentricity rooted in local detail and adorned by Jack Black's controlled, slightly eerie performance as the likeable yet homicidal title character.

ADAM NAYMAN

Comedy

To Rome with Love

Director. Woody Allen

Stars. Woody Allen, Penelope Cruz, Alec Baldwin

To Rome with Love is well-meaning, but feels like something Woody Allen would have written 40 years ago. It's an episodic screwball comedy with loads of characters, identity mix-ups and the comic's trademarked highbrow references — will today's audience get a Howard Roark joke? It has the same kind of farcical feel and references of his earlier work — look for older men paired with younger women, anxiety and discussions on foreign film — but written decades ago it might have been funnier.

RICHARD CROUSE

Comedy

Safety Not Guaranteed

Director. Colin Treverrow

Stars. Aubrey Plaza, Mark Duplass

Based very loosely on a real classified ad seeking fellow time travellers, Safety Not Guaranteed focuses on a group of magazine upstarts investigating the ad's eccentric author. Aubrey Plaza (TV's Parks and Recreation) and filmmaker/actor Mark Duplass (Cyrus) as the would-be explorer give the film a sweet, resonant likeability, but the alluring peculiar plot loses punch with an overly sentimental finale.

STEVE GOW

Christian Bale needs a moment alone

The Dark Knight Rises. Actor dishes about how he overcame his claustrophobia in the name of fighting crime and saving Gotham

NED EHRBAR
Metro World News in Hollywood

For Christian Bale, who's played Batman three times now for Christopher Nolan, creating a role that redefined both the legendary character and the British actor, the last time he put on the bat suit was a lot like the first time — and in each instance he needed a bit of alone time. "The first time I ever put on the actual one myself I thought, 'Oh, Chris has to (re-do) the cast.' Because the claustrophobia was just unbelievable," Bale remembers.

"I stood there and I thought, 'I can't breathe, I can't think, this is too tight, this is squeezing my head, I'm gonna panic, I'm about to have a nervous breakdown, a panic attack right this second.' So I said, 'Can everyone just leave me alone for 20 minutes?'"

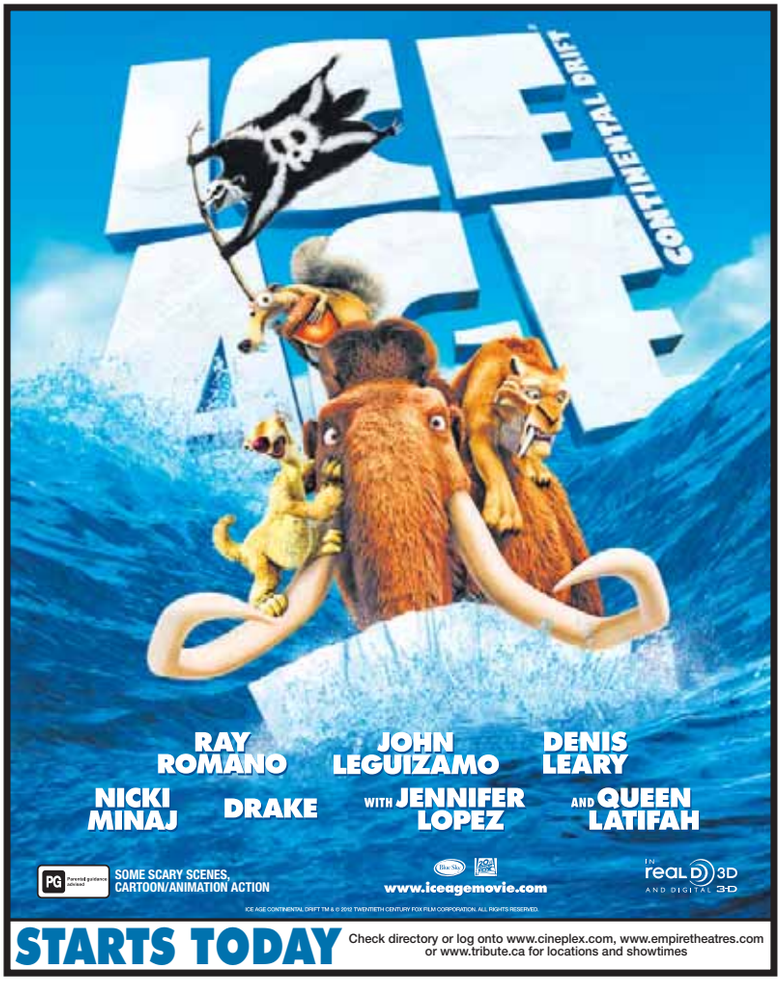
The break did the trick, as Bale estimates he's spent 21 months of his life under Batman's cowl — with some improvements over the years, like giving Bale the ability to take it off whenever he needed. And when the final day of shooting in the suit arrived — a scene that paired Bale with Anne Hathaway's Catwoman on a New York City rooftop — Bale found himself feeling a similar need for privacy, though for a different reason.

"I was wrapped, and I just went down and sat in a room and I realized, 'This is it. I'm not gonna be taking this cowl off again,'" Bale says. "So again, I said, 'Can you please leave me alone for 20 minutes?' and sat with that moment. It was a very important moment for me. It's been a very important character, and the movies themselves have changed my life and changed my career."

Christian Bale HANDOUT

On the web

Who was the best Batman and what villains are worthy of our fear – or scorn? Metro delved deep into the cavernous world of the caped crusader to mark the release of The Dark Knight Rises, in theatres next week. Scan this code or visit metronews.ca/features/the-dark-knight-rises.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Christopher Nolan's final instalment in the Batman trilogy became one of the most closely watched film shoots in recent memory. HANDOUT

Christopher Nolan is ready for a vacation

Trilogy wrap. With a successful Batman series behind him, director doesn't know what's next — and he's OK with that

NED EHRBAR
Metro World News in Hollywood

After the second film in your superhero franchise breaks box office records and goes on to earn more than $1 billion worldwide, you'd think the studio behind the project would be a bit upset to hear you planned to make the third installment the last one. But Christopher Nolan insists Warner Bros. was happy he was making the Dark Knight Rises at all.

"The point at which I was saying to the studio it would be a trilogy was the point I was telling them, 'Yes, I will do a third one.' They were thrilled," says the director. "Obviously I'm sure they'd love us to keep doing this forever, but I think they completely understood that my attraction to coming back for a third time was in finishing our story, so that we've told one big story with three major parts to it. And that really is the reason we're here and the reason we've done it. So it was kind of part and parcel of what we were doing."

The production of Nolan's followup to the Dark Knight became one of the most closely watched film shoots in recent memory, with fans flocking to locations in Pittsburgh, New York City and elsewhere to glean whatever details they could — leading to grainy cell phone videos of fight scenes spreading across the Internet, much to Nolan's chagrin. "The world we live in now is if you're going to do day exterior scenes in a city, then everybody's going to get cellphone photos of it," Nolan acknowledges. "But I think what you have to trust in is that audiences understand — or fans understand — that whatever they're seeing as the movie is being made is not the movie, and then they come to the film with fresh eyes. That's certainly what we hope."

With his Batman trilogy behind him, the big question is what will Nolan do next. But unfortunately he's not very forthcoming on that front. "I have no idea what's next. I'm going on holiday and just relaxing and quite enjoy not knowing what I'm going to do next, which is fun," Nolan says with a grin.

Commissioner Gordon. Gary Oldman might know what's going on in Gotham, but the script's ending was a big secret

Gary Oldman, right, says he read Nolan's script with intrigue. HANDOUT

Gary Oldman has been a part of Christopher Nolan's Batman franchise since the beginning, playing one of the Caped Crusader's few allies, Commissioner Gordon. But that doesn't mean Oldman got the word about the Dark Knight Rises before some of his less-seasoned co-stars.

When you read the script to another installment in a franchise, is there any sense of fear about what might happen to your character?
A sense of fear? No, I think because it's Chris, you read it with a sense of intrigue. You think, What am I going to be up to? What's going to happen to me? I mean, he called me with this one and he said, "Obviously there's a level of paranoia around it because we don't want people getting ahold of the script, understandably." I went and read almost to the end. He kept the end in his pocket, and then you would go and sit with him and he would tell you the ending, which I thought was rather smart.

That must be an experience, having Christopher Nolan just tell it to you.
Yeah, you go in for a story. It's storytelling, literally (laughs).

Nolan has a tendency to reuse actors in his movies, so were you expecting a call for Inception?
I got a call, actually. He said, "It's this part, and it's not a huge role." I think it played in different locations around the world, and it was a big commitment. It just didn't work in with my life at the time and my kids and all of that, but he did call. We'll see what happens down the line, but there seems to be a sort of Chris Nolan Repertory Company, people that he works with. He's very loyal to a lot of the crew that he works with again and again and again. I think he's superstitious, too. He has Michael Caine in his movies, that's his lucky charm.

NED EHRBAR

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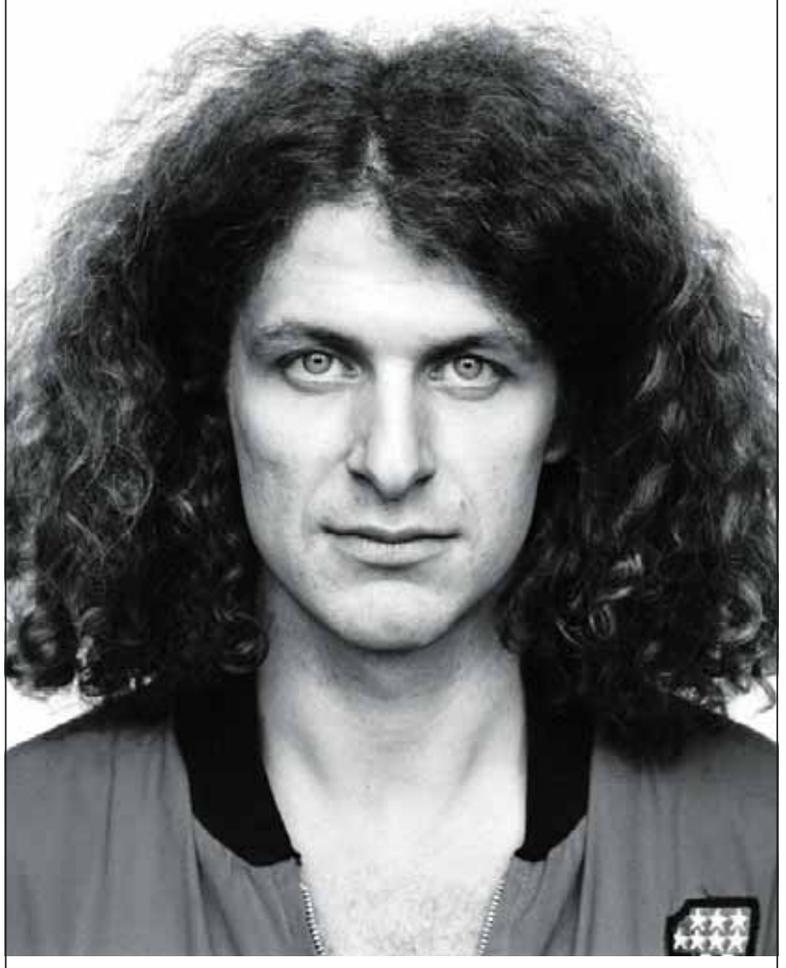

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380 Sussex Drive, Ottawa
613-990-1985

gallery.ca/arnaudmaggs

Kunstakademie Details (detail 1), 1980, courtesy Susan Hobbs Gallery, Toronto.

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 13 TO THURS., JULY 19. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Ottawa

Bytowne Cinema
325 Rideau St., 613-789-3456

Cosmopolis (14A) Fri 6:55 Sat 9:20 Sun 3:55 Mon-Tue 9:10 Wed 4:15 Thu 6:55
Jiro Dreams of Sushi (G) Fri-Sat 4:59 Sun 8:40
The Lady (PG) Mon-Tue 3:59 Wed 6:35
The Story of Film: An Odyssey Part 4 of 8 (STC) Sat 2:30
A Story of Film: An Odyssey Part 5 (STC) Thu 9:15
To Rome With Love (PG) Fri 9:15 Sat 6:55 Sun 1:30-6:15 Mon-Tue 6:45 Wed 9:20 Thu 4:30

Canadian Film Institute
2 Daly Ave., Suite 120, 613-232-6727
No Films Showing Today (STC) Fri-Thu

Canadian Museum of nature
240 McLeod St., 613-566-4700

Sea Monsters 3D: A Prehistoric Adventure (STC) Fri-Wed 11:35-12:45-3:05 Thu 11:35-12:45-3:05-6 Fri-Wed 12:10-3:40 Thu 12:10-3:40-6:35
Turtle Vision 3D (STC) Fri 9:50-11-1:20-2:30-4:15-5:25 Sat-Wed 9:50-11-1:20-2:30-4:15 Thu 9:50-11-1:20-2:30-4:15-5:25-7:10 Fri 10:25-1:55-4:50 Sat-Wed 10:25-1:55 Thu 10:25-1:55-4:50
The Whale (STC) Fri 6:05

Coliseum Ottawa
3090 Carling Ave., 613-596-9475

The African Queen (PG) Wed 7
The Amazing Spider-Man (PG) No Passes Fri-Wed 12:15-12:45-3:25-3:55-6:35-7:05-9:45-10:15 No Passes Thu 12:15-12:45-3:25-3:55-6:35-9:45
The Amazing Spider-Man 3D (PG) No Passes Fri-Wed 1:15-4:25-7:35-10:45 No Passes Thu 1:15-4:25-7:35
Brave (PG) Fri-Thu 12:15
Brave 3D (PG) Fri-Sat 2:45-5:15-7:50-10:15 Sun 2:45-5:15-7:50 Mon-Thu 2:45-5:15-7:50-10:15
The Dark Knight Marathon (STC) No Passes Thu 6:40
The Dark Knight Rises (PG) No Passes Thu 12:01 No Passes Thu 12:01
Ice Age: Continental Drift (PG) No Passes Fri-Wed 12-1:45-2:25-4:10-4:50-6:40-7:15-9-9:40 No Passes Thu 12-2:25-4:10-4:50-6:40-7:15-9-9:40
Star & Strollers Screening, No Passes Thu 1
Ice Age: Continental Drift 3D (PG) No Passes Fri-Thu 12:45-3:10-5:35-8-10:25
Katy Perry: Part of Me (PG) Wed 7:45
Katy Perry: Part of Me 3D (PG) Fri-Tue 12:20-2:55-5:20-7:45-10:10 Wed 12:20-2:55-10:10 Thu 12:20-2:55-5:20-7:45-10:10
Madagascar 3: Europe's Most Wanted (G) Fri-Sat 12:50-3:15-5:30-8:05-10:30 Sun 12:50-3:15-5:30-10:30 Mon-Tue 12:50-3:15-5:30-8:05-10:30 Wed 12:50-3:15-5:30-10:30 Thu 12:50-3:15-5:30-8:05-10:30
Magic Mike (14A) Fri-Thu 12:10-2:40-5:20-8-10:40
Savages (18A) Fri-Thu 1:30-4:30-7:30-10:30
Ted (14A) Fri-Wed 12:30-3:05-5:40-8:20-10:55 Thu 12:30-3:05-8:20
WWE Money In The Bank 2012 (STC) Sun 8

Empire 7 Cinemas
111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

The Amazing Spider-Man (PG) Fri-Thu 3:20
The Amazing Spider-Man 3D (PG) Fri-Thu 12:20-6:20-9:15
The Best Exotic Marigold Hotel (PG) Fri-Thu 12:40-6:25
Ice Age: Continental Drift (PG) Fri-Thu 3:50
Ice Age: Continental Drift 3D (PG) Fri-Thu 1-6:50-9
Katy Perry: Part of Me (PG) Fri-Tue 12:45-3:45-6:45-9:20 Wed 12:45-3:45-9:40 Thu 12:45-3:45-6:45-9:20
Magic Mike (14A) Fri-Thu 12:35-3:35-6:35-9:35
Moonrise Kingdom (PG) Fri-Thu 12:50-4-7-9:40
People Like Us (14A) Fri-Thu 3:40-9:25
Savages (18A) Fri-Thu 12:30-3:30-6:30-9:30

Mayfair Theatre
1074 Bank St., 613-730-3403, mayfair-movie.com

Bernie (PG) Fri 9:30 Sat 8:30 Sun 8:45 Mon 9:15
The Five-Year Engagement (14A) Fri 7 Sat 6 Sun 6:15
Jatt & Juliet (STC) Sat 2
The Maiden Danced to Death (STC) Mon 7 Wed-Thu 7
The Man Who Knew Too Much (PG) Sun 3:30 Tue 9:15
The Room (STC) Sat 10:45
Shut Up and Play the Hits (STC) Wed-Thu 9:30
Vertigo (PG) Sun 1 Tue 6:45

Mayfair Theatre Orleans
250 Centrum Blvd., 613 837-3456, orleans.mayfairtheatre.ca
The Best Exotic Marigold Hotel (PG) Fri-Thu 1-6:30
Darling Companion (PG) Fri-Thu 3:15-6:45
The Intouchables (14A) Fri-Thu 3:45
Marvel's the Avengers (PG) Fri-Thu 3:30-9
Moonrise Kingdom (PG) Fri-Thu 8:45
Prometheus (14A) Fri-Thu 12:45-9:15
Take This Waltz (14A) Fri-Thu 1:15-6:15

Rainbow Cinemas St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

Dr. Seuss' the Lorax (G) Fri-Thu 10:30-12:40-2:35-4:30
The Hunger Games (14A) Fri-Thu 12:30-7:30
In the Family (STC) Fri-Thu 7
Men in Black 3 (PG) Fri-Thu 10-12:20-2:40-4:55-7:10-9:25
The Pirates! Band of Misfits (PG) Fri-Thu 10:10-3:10-5:15
Rock of Ages (PG) Fri-Thu 10:20-1:15-6:30
Seeking a Friend for the End of the World (14A) Fri-Thu 4-9
Snow White and the Huntsman (PG) Fri-Thu 10:40-1:10-4:05
That's My Boy (18A) Fri-Thu 6:40-9:05

Rideau Centre Cinemas
50 Rideau St., 613-234-3712

The Amazing Spider-Man (PG) Digital Fri-Thu 3:30
The Amazing Spider-Man 3D (PG) Fri-Wed 12:30-6:30-9:15 Thu 12:30-6:30-9:30
Brave (PG) Digital Fri-Wed 3:45 Digital Thu 12:30-3:30
Brave 3D (PG) Fri-Wed 12:45-6:45-9:45
The Dark Knight Marathon (STC) Digital Thu 6:15
The Dark Knight Rises (PG) Digital Thu 12:01
Ted (14A) Digital Fri-Wed 1-4-7-9:30 Digital Thu 1-4-6:30-9

South Keys
2214 Bank St., 613-736-1115
The Amazing Spider-Man (PG) No Passes Fri-Thu 11:45-1:10-2:45-4:10-5:55-7:15-9-10:20
The Amazing Spider-Man 3D (PG) No Passes Fri-Thu 12:20-3:30-6:35-9:40
Big (STC) Sat 11
Brave (PG) Fri-Thu 12:15
Brave 3D (PG) Fri-Thu 2:40-5:10-7:35-9:55
Ice Age: Continental Drift (PG) No Passes Fri-Thu 11:30-12-1:45-2:15-4-4:40-6:20-6:55-8:35-9:15
Ice Age: Continental Drift 3D (PG) No Passes Fri-Thu 12:30-2:50-5:05-7:25-9:45
Katy Perry: Part of Me 3D (PG) Fri-Thu 12:05-2:30-4:50-7:20-9:50
Madagascar 3: Europe's Most Wanted (G) Fri-Thu 11:50-2:20-4:45-7:05-9:30
Magic Mike (14A) Fri-Thu 11:40-2:10-4:55-7:30-10:10
Savages (18A) Fri-Thu 1-4:05-7:10-10
Ted (14A) Fri-Thu 11:55-2:35-5:15-7:45-10:15

Gatineau

Canadian Museum of civilization
100 rue Laurier, 819-776-7010

Arctique 3D (STC) Fri 12:55-4-9 Sat 10:45-4 Sun 9:45-4 Mon-Tue 12:55-4 Wed 4-7 Thu 9:30-12:55-4-9
The Dark Knight Rises (G) Thu 12:01
Moi, Van Gogh (STC) Fri 6 Sat-Sun 12:55-6 Tue 10:45 Wed 11:50-6 Thu 6
To the Arctic 3D (STC) Fri 10:45-2-3-7 Sat 9:45-2-3-7-9 Sun 10:45-2-3-8 Mon 10:45-2-3 Tue 11:50-2-3 Wed 10:45-12:55-2-3-9 Thu 10:45-2-3-7-10
Van Gogh: Brush With Genius (STC) Fri-Sat 11:50-5-8 Sun 11:50-5-7 Mon 11:50-5 Tue 5 Wed 5-8 Thu 11:50-5-8

Cinéma des Galeries d'Aylmer
400 boul. Wilfrid-Lavigne, 819-248-2526

The Amazing Spider-Man 3D (G) Fri-Thu 12:50-3:40-6:50-9:40
The Dark Knight Rises (G) Thu 12
Ice Age: Continental Drift (G) Fri-Thu 3:10
Ice Age: Continental Drift 3D (G) Fri-Thu 1:10-7:10-9:10
Magic Mike (13+) Fri-Thu 1:10-3:30-7:10-9:30
Omertà (13+) Fri-Thu 1-3:20-7-9:20

Ciné-starz
1100 boul. Maloney Ouest, 819-568-8000

Le 2e voyage l'île mystérieuse (G) Fri-Thu 12
Blanche-Neige et le chasseur (G) Fri-Thu 1:45-7:20-9:35
Dr. Seuss Le Lorax (G) Fri-Thu 12-1:35-3:10-6:45
Les Hommes en noir 3 (G) Fri-Thu 1:55-3:50-5:45-7:40-9:35
Hunger Games: Le Film (G) Fri-Thu 4:45
Intouchables (G) Fri-Thu 4:45-8:25
Miroir, Miroir (G) Fri-Thu 12
Les Pirates Bande de Nuls (G) Fri-Thu 12-1:35-3:10-6
Ça c'est mon gars (STC) Fri-Thu 3:55-7:35-9:40

Gatineau 9
120 boul. de l'Hôpital, 819-568-6070

L'extraordinaire Spider-Man (G) Fri-Thu 12:30-3:30-6:20-9:10
L'extraordinaire Spider-Man 3D (G) Fri-Thu 1-4-6:50-9:40
L'ère de glace: La dérive des continents 3D (G) Fri-Thu 12:10-2:20-4:30-7:15-9:25
Madagascar 3 - Bons baisers d'Europe (G) Fri-Thu 12:50-3-7-9:15
Magic Mike (13+) Fri-Thu 1:05-3:40-7:20-9:35
Omertà (13+) Fri-Thu 1:15-3:50-7:10-9:45
Rebelle (STC) Fri-Thu 1:10-3:15-7:05-9:05
Sauvages (13+) Fri-Thu 12:20-3:10-6:40-9:30
Ted (13+) Fri-Thu 12:40-2:45-6:30-8:45

Savages. HANDOUT

StarCité Hull
115 boul. du Plateau, 819-770-1090, cinemasfortune.ca

The Amazing Spider-Man (G) No Passes Fri-Sat 1:30-4:30-7:30-10:30 No Passes Sun 11:20-2:15-5:15-8:15 No Passes Mon 2:15-5:15-8:15 No Passes Tue 1:30-4:30-7:30-10:30 No Passes Wed 2:15-5:15-8:15 No Passes Thu 2-5-8
The Amazing Spider-Man 3D (G) No Passes Fri-Sat 11:30-2:15-5:15-8:15-11:15 No Passes Sun 1:15-4:20-7:15-10:15 No Passes Mon 1:15-4:15-7:15-10:15 No Passes Tue 11:30-2:15-5:15-8:15-11:15 No Passes Wed-Thu 1:15-4:15-7:15-10:15 No Passes Fri-Sat 11:15-2-5-8-11 No Passes Sun-Mon 1:30-4:30-7:30-10:30 No Passes Tue 11:15-2-5-8-11 No Passes Wed 1:30-4:30-7:30-10:30 No Passes Thu 2:15-5:15-8:15
Big (STC) Sat 11
The Dark Knight Marathon (STC) No Passes Thu 6:40
The Dark Knight Rises (G) No Passes Thu 12:01
Ice Age: Continental Drift (G) No Passes Fri-Sun 11:20-1:40-4:10-6:40-9 No Passes Mon 1:40-4:10-6:40-9 No Passes Tue 11:20-1:40-4:10-6:40-9 No Passes Wed 1:40-4:10-6:40-9 No Passes Thu 1:40-4:10
Ice Age: Continental Drift 3D (G) No Passes Fri-Thu 12:30-2:50-5:25-7:45-10:10
Katy Perry: Part of Me (STC) Fri-Thu 12:25-2:45-5:10-7:40-10
L'Ascension du chevalier noir (G) No Passes Thu 12:01
L'extraordinaire Spider-Man (G) No Passes Fri-Sun 11:45-2:30-5:30-8:30 No Passes Mon 2-5-8 No Passes Tue 11:45-2:30-5:30-8:30 No Passes Wed 2-5-8 No Passes Thu 1:30-4:30-7:30-10:30
L'extraordinaire Spider-Man 3D (G) No Passes Fri 1:45-4:45-7:50-10:45 No Passes Sat 11-1:45-4:45-7:50-10:45 No Passes Sun-Mon 1-4-7-10 No Passes Tue 1:45-4:45-7:50-10:45 No Passes Wed-Thu 1-4-7-10
L'ère de glace: La dérive des continents (G) No Passes Fri-Sun 12-2:25-4:50-7:15-9:40 No Passes Mon 1:30-3:55-7:05-9:40 No Passes Tue 12-2:25-4:50-7:15-9:40 No Passes Wed-Thu 1:30-3:55-7:05-9:40
L'ère de glace: La dérive des continents 3D (G) No Passes Fri-Thu 12:45-3:10-5:35-7:55-10:25
Magic Mike (13+) Fri-Sat 11:35-2:20-5:05-7:40-10:35 Sun 11:35-2:10-4:45-7:20-9:55 Mon 2:20-5:05-7:40-10:10 Tue 11:35-2:20-5:05-7:40-10:35 Wed-Thu 2:20-5:05-7:40-10:10
Omertà (13+) Fri-Sat 11:25-11:50-2:10-2:40-4:55-5:20-7:35-8:05-10:20-10:40 Sun 11:25-11:50-2:10-2:30-4:55-5:10-7:35-7:50-10:20-10:30 Mon 1:10-2:10-3:50-4:55-6:35-7:35-9:15-10:20 Tue 11:25-11:50-2:10-2:40-4:55-5:20-7:35-8:05-10:20-10:40 Wed-Thu 1:10-2:10-3:50-4:55-6:35-7:35-9:15-10:20
Petit bonhomme (STC) Sat 11
Rebelle (STC) Fri-Sun 12:05-2:35-4:55-7:20-9:45 Mon 12:20-2:35-4:55-7:20-9:45 Tue 12:05-2:35-4:55-7:20-9:45 Wed-Thu 12:20-2:35-4:55-7:20-9:45
Savages (13+) Fri-Thu 1:25-4:20-7:25-10:30
Ted (13+) Fri-Sat 12:20-3:05-5:40-8:10-10:50 Sun 12:25-2:50-5:15-7:40-10:05 Mon 1-3:20-7:10-9:35 Tue 12:20-3:05-5:40-8:10-10:50 Wed-Thu 1-3:20-7:10-9:35

Barrhaven

Barrhaven Cinemas
131 Riocan Dr., 613-825-2463

The Amazing Spider-Man (PG) No Passes Fri-Wed 12:30-3:40-6:50-10 No Passes Thu 4-7-10 Star & Strollers Screening, No Passes Thu 1
The Amazing Spider-Man 3D (PG) No Passes Fri-Thu 1-4:10-7:20-10:30
Brave (PG) Fri-Thu 12:10
Brave 3D (PG) Fri-Thu 2:40-5-7:30-10
Ice Age: Continental Drift (PG) No Passes Fri-Thu 12:25
Ice Age: Continental Drift 3D (PG) No Passes Fri-Thu 2:50-5:15-7:40-10:05
Katy Perry: Part of Me (PG) Fri-Sun 4:40-9:40 Mon-Thu 7:10-9:40
Madagascar 3: Europe's Most Wanted (G) Fri-Sun 12-2:20-7:10 Mon-Thu 12-2:20-4:40
Magic Mike (14A) Fri-Thu 2:10-4:50-7:30-10:10
Ted (14A) Fri-Thu 12-2:35-5:10-7:40-10:20

Gloucester

SilverCity
2385 City Park Dr., 613-688-8800

The African Queen (PG) Wed 7
The Amazing Spider-Man (PG) No Passes Fri-Wed 12:05-12:30-3:05-3:40-6:20-6:50-9:30-9:55 No Passes Thu 12:05-12:30-3:05-3:40-6-6:50-8:55-9:55
The Amazing Spider-Man 3D (PG) No Passes Fri-Thu 1:30-4:40-7:50-10:45
The Amazing Spider-Man: An IMAX 3D Experience (PG) No Passes Fri-Wed 1-4:10-7:20-10:30
Big (STC) Sat 11
Brave (PG) Fri-Thu 12:10
Brave 3D (PG) Fri-Thu 2:40-5:10-7:40-10:15
The Dark Knight Marathon (STC) No Passes Thu 6:40
The Dark Knight Rises (PG) No Passes Thu 12:01-12:10
The Dark Knight Rises: The IMAX Experience (PG) No Passes Thu 12:01
Ice Age: Continental Drift (PG) No Passes Fri 12-1:45-2:25-4:15-4:50-6:40-7:15-9-9:40 No Passes Sat 11:30-12-1:45-2:25-4:15-4:50-6:40-7:15-9-9:40 No Passes Sun-Thu 12-1:45-2:25-4:15-4:50-6:40-7:15-9-9:40
Ice Age: Continental Drift 3D (PG) No Passes Fri 12:45-3:10-5:35-8-10:25 No Passes Sat 11-12:45-3:10-5:35-8-10:25 No Passes Sun-Thu 12:45-3:10-5:35-8-10:25
Katy Perry: Part of Me 3D (PG) Fri-Wed 12:20-2:55-5:20-7:45-10:10 Thu 12:20-2:55-6:55
Madagascar 3: Europe's Most Wanted 3D (G) Fri-Wed 12:25-2:45-5:05-7:25-9:45 Thu 12-2:20-4:40-9:20
Magic Mike (14A) Fri-Thu 12:15-3-5:25-8:05-10:40
Marvel's the Avengers (PG) Fri-Sat 12:55-7-10:05 Sun 12:55-7 Mon-Tue 12:55-7-10:05 Wed 12:35-10:35 Thu 12:55-7-10:05
People Like Us (14A) Fri-Tue 4:25 Wed 3:45 Thu 4:25
Prometheus (14A) Fri-Sat 1:25-4:20-7:05-10 Sun 1:25-4:20-10 Mon-Tue 1:25-4:20-7:05-10 Wed 1:25-4:20-10 Thu 1:25-4:20-7:05-10
Savages (18A) Fri-Thu 12:50-4:05-7:10-10:20
Ted (14A) Fri-Thu 12:30-3:05-5:40-8:15-10:50
To Rome With Love (PG) Fri-Tue 12:10-2:50-5:30-8:10-10:50 Wed 5:30-8:10-10:50 Thu 12:10-2:50-5:30-8:10-10:50 Star & Strollers Screening Wed 1
WWE Money In The Bank 2012 (STC) Sun 8

Orleans

Empire Theatres Orleans 6 Cinemas, 3752 Innes Rd., 613-830-4400

The Amazing Spider-Man (PG) Digital, Dolby Stereo Digital, No Passes Fri-Wed 1:10
The Amazing Spider-Man 3D (PG) Dolby Stereo Digital, No Passes Fri-Wed 12:40-3:50-7-10:10 Dolby Stereo Digital, No Passes Thu 12:40-3:50-7 Dolby Stereo Digital, No Passes Fri-Wed 4:20-8 Dolby Stereo Digital, No Passes Thu 12:15-3:15
Brave (PG) Digital, Dolby Stereo Digital Fri-Thu 12:50-4:10-6:50-9:20
The Dark Knight Marathon (STC) Digital, Dolby Stereo Digital, No Passes Thu 6:15
The Dark Knight Rises (PG) Digital, Dolby Stereo Digital, No Passes Thu 12:01
Ice Age: Continental Drift (PG) Digital, Dolby Stereo Digital, No Passes Fri-Thu 12:10
Ice Age: Continental Drift 3D (PG) Dolby Stereo Digital, No Passes Fri-Thu 3:20-6:30-9:15
Katy Perry: Part of Me 3D (PG) Dolby Stereo Digital Fri-Thu 4:30-7:10-9:30 L'ère de glace: La dérive des continents (PG) Digital, Dolby Stereo Digital, No Passes Fri-Thu 11:45-3-6:15-9
Madagascar 3: Europe's Most Wanted (G) Digital, Dolby Stereo Digital Fri-Thu 11:45-2:10
Magic Mike (14A) Digital, Dolby Stereo Digital Fri-Thu 12:20-3:30-7:15-10 Omertà (STC) Digital, Dolby Stereo Digital Fri-Thu 11:50-3:10-6:20-9:10
Savages (18A) Digital, Dolby Stereo Digital Fri-Thu 12:30-3:40-6:40-9:45
Ted (14A) Digital, Dolby Stereo Digital Fri-Thu 1:30-4-7:30-10:15

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Cristine Prosperi as Imogen Moreno in Degrassi. CAITLIN CRONENBERG

The Degrassi kids are back for 12th season

New episodes. Metro talks to actress Cristine Prosperi about why the TV show continues to rake in viewers

IAN GORMELY
scene@metronews.ca

While the rest of the television world is taking the summer off, the cast of Degrassi are amping up for the premiere of their 12th season, which continues to chronicle the exploits of the famed East-side school's students.

"I feel like every Canadian teenager has watched Degrassi," says Cristine Prosperi, who plays senior Imogen Moreno on the long-running series. "It's a huge thing for everyone."

Over the years, Degrassi has enjoyed incredible success, especially here in Canada. Its current incarnation has proved particularly tenacious thanks to a steady flow of new characters that cycle in as old ones graduate.

A long-time fan of the program, Prosperi chalks up the series' longevity to its continued commitment to portraying teens as real people instead of the glossy Hollywood-version showcased on so many teen dramas. "Nothing is fake, nothing is over the top," she says. "Teens relate to us so much because it's not glamorous at Degrassi."

Prosperi grew up in Newmarket and has worked in television since her debut in a Unico pasta commercial at age three. She originally auditioned for the role of Katie Matlin, but was brought back to read for Imogen instead.

Still in Grade 12 when she was cast, she found out after her phone started vibrating in class and she retreated to the bathroom to answer the call from her agent. "I was crying the whole day," she says.

The summer season was shot quickly in order to accommodate myriad plot lines. Multiple new episodes will air throughout the week.

And while the series' July 16 premiere focuses on the Drew-Bianca-Katie love triangle, relegating Imogen to the background, Prosperi promises we'll learn more about Imogen's home life and "why she is the way she is" over the summer's 20-episode run.

Premiere

To coincide with the premiere of Degrassi's 12th season, the nation's music station is holding a free screening event at its 299 Queen St. West headquarters, including special episodes of New.Music.Live. and Today's Top 10.

- The event will feature members of the cast who will be signing autographs and taking part in a Q&A session prior to the season premiere.
- To be part of the New. Music.Live. audience or for more info, check out muchmusic.com.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

More stripping may be in the cards for Channing

Channing Tatum isn't surprised his semi-autobiographical male stripper movie, Magic Mike, is a success — and he's already got a sequel planned.

"We're working on the concept now," he tells the U.K. edition of Glamour magazine. "We want to flip the script and make it bigger."

Meanwhile, Tatum is more than happy to throw his hat into the ring when it comes to who should star in the film adaptation of the steamy hit novel Fifty Shades of Grey — under the condition that he co-star with real-life wife Jenna Dewan. "I'd only be allowed if my wife was Ana. She's read the books so I don't think she'd be impressed if she couldn't be Ana," he tells the magazine.

Katie Holmes and Tom Cruise

It's all about saving face, says attorney

Tom Cruise apparently knew Katie Holmes would win their divorce battle, which is why the pair reached a settlement so quickly, divorce attorney Debra Opri insists to Hollyscoop.

"Katie's main concern was getting sole custody of Suri, and Tom wanted to protect his public image and keep the divorce out of the media as much as possible," Opri says.

"In most celebrity divorces, image is the upmost concern because that is how they make their (income). In the end, they all want the same thing: to save their public image."

Trouble on set for Bullock's movie

Sandra Bullock's new cop film, The Heat, is seeing its share of action this week while filming in Boston.

First, a bus collided with a truck from the production, resulting in injuries for 15 people, according to Yahoo's Movie Talk.

And the next day, a fight broke out one block from where the film is shooting, resulting in a fatal stabbing in which one man was killed and two men were injured.

The Word

More trouble in the Moore household?

MONICA WEYMOUTH
scene@metronews.ca

After her split from Ashton Kutcher and subsequent rehab trip, Demi Moore has been spotted out and about looking pretty great — or at least alive enough. But it seems not all is well with her family just yet.

"There's a wedge between Demi and her girls," a source tells Us Weekly of her daughters, Rumer, Scout and Tallulah.

According to the source, Demi didn't speak to them at Tallulah's high school graduation last month.

"Demi is beside herself over the situation," a family friend tells RadarOnline.com. "She hasn't spoken to Scout, Rumer or Tallulah for weeks now, they won't return any of her calls, emails or texts."

Rich people, take note: If your teenagers don't need your car for the weekend, it's quite possible that you will never hear from them again.

A princess for the Queen?

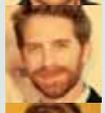
Queen Latifah is looking to start a family via adoption, she revealed on a visit to The View this week.

"I'm actually kind of working on that," the actress/rapper said when asked by Barbara Walters if she'd ever consider adopting a child.

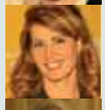
"I think I saw one of those specials — you know, those movies of the week. And it was like, I just always wanted to bring a child home."

Twitter

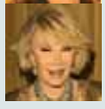
@NathanFillion
Man. I'm getting pretty riled up about Comicon. I know not everyone can make it, but who's going?



@SethGreen
Heading to #Comicon for the weekend. Fair warning, I'll be tweeting a LOT. But it'll be #SDCC stuff so maybe you'll want it.



@NiaVardalos
In the air, loving #GoGoINflight so I can get my emails answered.



@Joan_Rivers
Tom Cruise's divorce settlement is a lot like John Travolta's last massage — both of them cost a fortune for a happy ending.

Spider Man vs. Edward Cullen

Andrew Garfield might be young and British with hair you want to shove your face in, but don't compare the Amazing Spider-Man star to Robert Pattinson.

"The truth is, Andrew can't stand Rob. He hates that they're put in the same category because they're both English and around the same age," a source tells Us Weekly.

"Andrew considers himself a 'serious actor' and sees Rob as the equivalent of a cheesy boy-bander because of Twilight."

Spider-Man vs. Edward Cullen: Why do we have a feeling this ends in a snuggle pile of fangs?

Andrew Garfield.
ALL PHOTOS GETTY IMAGES

3 LIFE

Liquid Assets

Polish vodka shows its sweet side

LIQUID ASSETS
Peter Rockwell
@therealwineguy
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I like ice cream as much as the next guy, but I never thought there would ever be a reason to want to make my own — until I read Ice Cream Happy Hour ($16.95, Ulysses Press) by Valerie Lum and Jenise Addison.

Though you'll need an ice cream maker to create these ladies' boozy treats from scratch, their simple, spirit-laden recipes are amazingly easy to create and open the door to dozens of cocktail-inspired desserts that scream summer.

If that all sounds too much like a Food Network series gone wrong, you can cheat your way to spiked frozen treats through a gazillion Internet recipes that mix pre-made ice cream with every imaginable combination of liqueurs and hard liquor.

Vodka is the foundation of many a creamy creation and one with a bit of guts adds to the glory of any icy, adult-oriented endeavor.

The Poles know their way around a neutral spirit and, apparently, so does actor Bruce Willis. Mr. Die Hard is a part owner of Sobieski ($22.62 - $27.98), Poland's top ranked, rye-based vodka that combined a muscular expression of flavour with a well-rounded, grainy personality.

Did I hear the ice cream truck?

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

This recipe makes 12 sandwiches. MATTHEW MEAD/ THE ASSOCIATED PRESS

A whole new way to scream for ice cream

Summertime Ice Cream Sandwiches.
Add a bit more pizzazz to your fave frozen treats with cookies and sweet toppings

1. Heat the oven to 350 F. Line 2 baking sheets with parchment paper or lightly coat with cooking spray.

2. Place 1/4 cup of the sugar in a shallow dish or pie pan. In a large bowl, use an electric mixer to beat together the remaining 1 cup of sugar, the butter, vanilla, almond extract and rum until light and fluffy. Add the egg, scraping down the sides of the bowl and mixing until well incorporated. Stir in the flour, salt and baking powder.

3. Scoop the dough by the tablespoonful and form into balls. One at a time, place each ball of dough in the sugar in the shallow dish. Roll around until all sides are coated. Arrange the sugared balls of dough on the prepared baking sheet, leaving 2 inches between them to allow for spreading. Bake for 12 to 15 minutes, or until the edges are just beginning to brown. Allow to cool on the baking sheet.

4. While the cookies cool, remove the sherbet or sorbet and ice cream from the freezer. One at a time, microwave for 10 to 15 seconds, or just long enough to soften. In a large bowl, combine the two flavours and use a rubber spatula to swirl them together. Do not overmix or completely blend them.

5. Overturn 1 cookie and place about 1 tablespoon of the ice cream mixture on it. Top with a second cookie and gently squeeze together. Return to the freezer until firm. If not serving right away, wrap tightly in plastic wrap and store in the freezer. THE ASSOCIATED PRESS

Ingredients

- 1 1/4 cups sugar, divided
- 1/2 cup (1 stick) unsalted butter, room temperature
- 1 tsp vanilla extract
- 1/2 tsp almond extract
- 2 tbsp spiced rum or brandy
- 1 egg
- 2 cups all-purpose flour
- 1/4 tsp salt
- 1/2 tsp baking powder
- 3/4 cup orange sherbet, raspberry sorbet or other fruity frozen dessert
- 3/4 cup vanilla ice cream

Celebrate

A day just for frozen goodness

If you're looking for more of a reason to enjoy everyone's favourite summer treat, consider that this Sunday is National Ice Cream Day. Invented in 1984 by American president Ronald Reagan (who actually declared all of July National Ice Cream Month and the third Sunday in July National Ice Cream Day), the festivities have spread to Canada. Reagan recognized the popularity of ice cream in the United States (90 per cent of the nation's population consumes ice cream) and stated that these two events should be observed with "appropriate ceremonies and activities." Meanwhile, according to data from the NPD Group, Canadians ate more than 121 million servings of ice cream at quick-service restaurants in 2011.
THE CANADIAN PRESS

On the Web

Kids love ice cream even more with these tips for a frozen treat bar

Only for serious sundae and chocolate lovers

This recipe makes one serving. THE CANADIAN PRESS H/O

Whether homemade or store-bought, chocolate brownies are a favourite of many children and adults. Adding vanilla or mint ice cream will make a sundae that is sure to please everyone.

This is a fun dessert to make for family gatherings or for kids' parties.

The recipe serves one but to make more sundaes, simply multiply the ingredients by the number of servings that are needed.

1. Place bottom half of brownie on a dessert plate. Top with 1/2 scoop of the ice cream.

2. Top with remaining brownie half. Place remaining ice cream on top and drizzle with candy-shell chocolate topping. When topping is firm, drizzle with sundae syrup.

3. Garnish plate and dessert with toasted coconut and sprinkles, if using.

SMUCKER'S FOODS OF CANADA/ THE CANADIAN PRESS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA)

Ingredients

- 1 brownie (5 by 7.5 cm/2 by 3 inches), split horizontally
- 1 scoop (125 ml/1/2 cup) vanilla or mint ice cream, softened, divided
- 15 ml (1 tbsp) candy-shell chocolate topping
- 30 ml (2 tbsp) chocolate sundae syrup
- 15 ml (1 tbsp) toasted coconut (optional)
- Sprinkles (optional)

Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events

MIX OF SIX
Samantha Everts
ottawa@metronews.ca

HOPE Volleyball Summerfest

Not just a volleyball competition anymore, the 30th annual HOPE Volleyball Summerfest continues to raise money for local charities with a side of rock. Pop band Mother Mother and original Canadian '90s rockers Treble Charger play the Mooney's Bay Beach stage to an expected 25,000 team participants and spectators. Bring sunscreen. July 14.

Wicked

That green-faced ghoul with the heart of gold and misunderstood story is back by popular demand to "defy gravity" to kids of all ages in this Tony-award-winning musical. Long before Dorothy drops by, follow Glinda and Elphaba in their unlikely friendship and the wicked witch's fall from public grace. July 13 to 15.

Bluesfest Comedy – Just for Laughs presents Ryan Hamilton

Just for Laughs brings alumni comedians Ryan Hamilton and Godfrey for the Relationship Show. Expect to hear their skewed perspective on love, sex, significant others (or the lack thereof) in Hamilton's Johnny-Carson-like stylings that have landed him on Last Comic Standing and Conan and Godfrey with Louis CK on Louie. July 13 to 15.

pressed

Feral Children @ Pressed

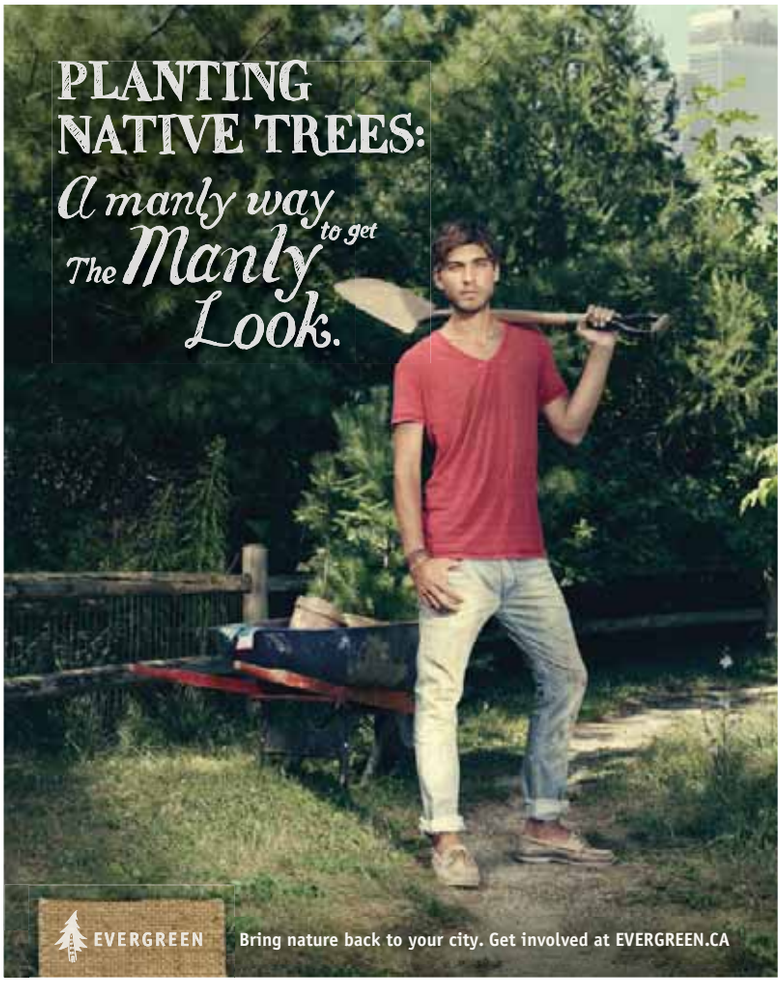
Psychedelic experimental Saskatoon band Feral Children play new hipster hot spot Pressed Café. With their recent Polaris Prize nomination for their self-titled LP, the buzz is building and topping college radio charts. The noisy pop group uses samples and looping expertly mixing it into their pulsating sound. July 14, 8 p.m. at Pressed.

Fishing festival

Ottawa's first recreational fishing festival washes ashore for the weekend at Brewer Park to educate and entertain. Amongst a roving Elvis impersonator, main attractions include fishing TV personality "Big" Jim McLaughlin, Seafood cooking lessons and a fishing skills competitions. Visitors could win a $15,000 pontoon boat for catching "the big fish." July 14 to 15.

Kitchen Party one-year anniversary

If you can't take the heat, get out! Celebrating a whole year of spinning funk, soul, disco and everything else from their vinyl collection, DJs Hobo and Sweet Cheeks have made Kitchen Party a monthly hotspot for people to dance and chill in what feels like an amazing '70s basement party. July 14.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4 SPORTS

Tennis

Raonic exits early from tune-up tourney

Canadian Milos Raonic was ousted from the Hall of Fame Tennis Championships on Thursday, losing 6-3, 6-3 to Germany's Benjamin Becker in the second round. Becker was able to beat third-seeded Raonic at his own game, firing seven aces to Raonic's five. Raonic, from Thornhill, Ont., was using the tournament as a tune-up for the London Olympics.
THE ASSOCIATED PRESS

On the web

After signing Ray Allen and Rashard Lewis this week, Pat Riley has significantly improved the chances of his Miami Heat to repeat as champions. "Pat done it again," said Heat superstar LeBron James of Riley's ability to lure stars to South Beach at discount prices. Scan the code for the story.

Edwin Encarnacion celebrates the game-winning run against the Los Angeles Angels of Anaheim in June at the Rogers Centre. ABELIMAGES/GETTY IMAGES

Jays ink Encarnacion to 3-year extension

MLB. Once-struggling slugger having a great season in Toronto

Edwin Encarnacion's time with the Toronto Blue Jays appeared to be over after a rough 2010 season that saw him demoted to triple-A and ultimately put on waivers.

Two years later, Encarnacion is one of the Blue Jays' most potent weapons in a lineup loaded with offensive potential. And now there is no more uncertainty concerning his immediate future.

The Blue Jays rewarded Encarnacion for his dramatic turnaround Thursday, signing the first baseman to a three-year deal worth $27 million US with a $10-million club option for the 2016 season.

"I'm very happy to be part of this organization for the next three years," Encarnacion said at a news conference. "That's why I signed to stay here. I love this country, I love Toronto and I love the fans."

"We've really seen (Encarnacion) grow as a player, grow as someone who quietly leads in the clubhouse as well that's very well-respected," said Blue Jays general manager Alex Anthopoulos. "The ability's always been there. I think it finally started to show at the end of last year and currently now."

Things have not always been smooth for Encarnacion through his eight-year career. Originally a member of the Reds, Encarnacion arrived in Toronto as part of the trade that sent third baseman Scott Rolen to Cincinnati on July 31, 2009.

He struggled at the start of the 2010 season, and after a particularly disappointing West Coast road trip he was placed on outright waivers on June 20. He cleared waivers because of his $5-million contract and was sent to triple-A Las Vegas.

He ended up finishing the 2010 season with the Blue Jays, but was waived in the off-season and claimed by Oakland. When the A's didn't offer him a contract, he returned to the Blue Jays as a free agent.

It's been a winning relationship ever since.

"This game is not easy, it has its ups and downs," Encarnacion said. "They sent me down, I passed waivers, but that's part of this game.... That's why you always have to keep your head up, keep working hard and don't worry about (what you can't control)." THE CANADIAN PRESS

Breakout year

The 29-year-old native of La Romana, Dominican Republic, is having a breakout offensive year for the Blue Jays.

- He is currently batting .295 with 23 home runs and 58 RBIs.
- He is currently tied for fourth in the American League in home runs, fifth in slugging percentage (.595) and seventh in RBIs.

Cycling

Pierre Rolland wins toughest day at the Tour

Pierre Rolland of France won the hardest Alpine stage in the Tour de France on Thursday, and Bradley Wiggins dusted defending champion Cadel Evans in the final climb to extend his overall lead.

Rolland gave the Europcar team its second straight stage win after the 148-kilometre 11th stage from Albertville that ended with a gruelling ascent to the ski resort of La Toussuire.

"I'd been dreaming about this stage for six months.... I got all sorts of messages this morning saying 'It's your turn, it's your turn,'" said Rolland.
THE ASSOCIATED PRESS

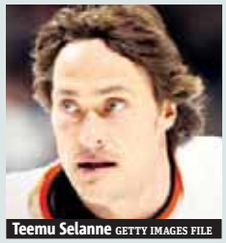
NHL

Selanne returns for 20th season

Teemu Selanne is returning to the Anaheim Ducks for his 20th NHL season.

The 42-year-old Selanne has agreed to a one-year, $4.5-million US deal, the Ducks announced Thursday.

The Finnish Flash is the 19th-leading scorer in NHL history with 1,406 points in two decades spent largely in Anaheim, his home for parts of 13 seasons. Selanne is 12th in league history with 663 goals. THE ASSOCIATED PRESS


Teemu Selanne GETTY IMAGES FILE

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	52	33	.612	—
Baltimore	45	40	.529	7
Tampa Bay	45	41	.523	7½
Boston	43	43	.500	9½
Toronto	43	43	.500	9½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	47	38	.553	—
Cleveland	44	41	.518	3
Detroit	44	42	.512	3½
Kansas City	37	47	.440	9½
Minnesota	36	49	.424	11

WEST DIVISION

	W	L	Pct	GB
Texas	52	34	.605	—
Los Angeles	48	38	.558	4
Oakland	43	43	.500	9
Seattle	36	51	.414	16½

Friday's games — All Times Eastern
Detroit (Fister 2-6) at Baltimore (Hammel 8-5), 7:05 p.m.
L.A. Angels (C.Wilson 9-5) at N.Y. Yankees (Kuroda 8-7), 7:05 p.m.
Cleveland (Masterson 5-8) at Toronto (R.Romero 8-4), 7:07 p.m.
Boston (F.Morales 1-2) at Tampa Bay (Hellickson 4-5), 7:10 p.m.
Chicago White Sox (Quintana 4-1) at Kansas City (B.Chen 7-8), 8:10 p.m.
Oakland (Griffin 0-0) at Minnesota (Liriano 3-7), 8:10 p.m.
Texas (D.Holland 5-4) at Seattle (Millwood 3-6), 10:10 p.m.

AL LEADERS

	G	AB	R	H	Avg.
Trout, LAA	64	258	57	88	.341
AJackson, Det	64	253	54	84	.332
Konerko, ChiW	77	286	40	94	.329
Mauer, Minn	77	285	44	93	.326
Beltre, Tex	82	319	51	104	.326
MiCabrera, Det	86	343	52	111	.324
Rios, ChiW	83	318	50	101	.318
Cano, NYY	85	332	57	104	.313
Ortiz, Bos	85	308	62	96	.312
Jeter, NYY	83	360	47	111	.308

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	49	34	.590	—
Atlanta	46	39	.541	4
New York	46	40	.535	4½
Miami	41	44	.482	9
Philadelphia	37	50	.425	14

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	48	37	.565	—
Cincinnati	47	38	.553	1
St. Louis	46	40	.535	2½
Milwaukee	40	45	.471	8
Chicago	33	52	.388	15
Houston	33	53	.384	15½

WEST DIVISION

	W	L	Pct	GB
Los Angeles	47	40	.540	—
San Francisco	46	40	.535	½
Arizona	42	43	.494	4
San Diego	34	53	.391	13
Colorado	33	52	.388	13

Friday's games — All Times Eastern
Arizona (I.Kennedy 6-7) at Chicago Cubs (Maholm 6-6), 2:20 p.m.
St. Louis (Wainwright 7-8) at Cincinnati (Latos 7-2), 7:10 p.m.
Washington (Zimmermann 5-6) at Miami (Jo.Johnson 5-5), 7:10 p.m.
N.Y. Mets (C.Young 2-2) at Atlanta (T.Hudson 7-4), 7:35 p.m.
Pittsburgh (Ja.McDonald 9-3) at Milwaukee (Greinke 9-3), 8:10 p.m.
Philadelphia (Cl.Lee 1-5) at Colorado (Friedrich 4-6), 8:40 p.m.
San Diego (Richard 6-9) at L.A. Dodgers (Kershaw 6-5), 10:10 p.m.
Houston (Lyles 2-5) at San Francisco (Bumgarner 10-5), 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
McCutchen, Pgh	81	309	58	112	.362
MeCabrera, SF	83	337	55	119	.353
DWright, NYM	82	302	56	106	.351
Ruiz, Pha	78	257	41	90	.350
Votto, Cin	83	287	50	100	.348
CGonzalez, Col	78	315	61	104	.330
Prado, Atl	83	324	49	104	.321
Holliday, StL	83	319	56	101	.317
Bourn, Atl	85	357	60	111	.311

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
D.C. United	18	10	5	3	34	22	33
Kansas City	18	10	5	3	23	17	33
New York	18	9	5	4	32	27	31
Chicago	18	8	6	4	21	21	28
Houston	18	6	5	7	22	24	25
Columbus	16	6	6	4	17	17	22
New England	17	6	7	4	24	22	22
Montreal	20	6	11	3	27	36	21
Philadelphia	16	5	9	2	18	18	17
Toronto	18	3	11	4	21	35	13

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
San Jose	19	11	4	4	36	24	37
Real Salt Lake	20	11	6	3	31	21	36
Seattle	19	8	5	6	23	19	30
Vancouver	19	8	5	6	21	22	30
Los Angeles	19	7	10	2	28	29	23
Colorado	18	7	10	1	25	24	22
Chivas USA	17	5	7	5	11	18	20
Portland	17	5	8	4	16	24	19
Dallas	19	3	9	7	17	27	16

Wednesday's result
Toronto 3 Vancouver 2
Saturday's games — All Times Eastern
Montreal at Philadelphia, 7 p.m.
Toronto at New England, 7:30 p.m.
Kansas City at Columbus, 7:30 p.m.
Vancouver at Chicago, 8:30 p.m.
Dallas at Colorado, 9 p.m.
Real Salt Lake at San Jose, 10:30 p.m.
Los Angeles at Portland, 11 p.m.
Sunday's games
Seattle FC at New York, 4 p.m.
D.C. United at Houston, 9 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
San Antonio	15	8	3	4	22	13	28
Puerto Rico	16	8	4	4	23	15	28
Tampa Bay	15	7	5	3	21	19	24
Minnesota	15	6	4	5	22	20	23
Carolina	16	5	5	6	28	26	21
Fort Lauderdale	16	5	6	5	23	27	20
Edmonton	15	3	8	4	13	17	13
Atlanta	16	2	9	5	17	32	11

Thursday's result
Tampa Bay at Minnesota
Wednesday's result
Puerto Rico 1 San Antonio 0
Saturday's games — All Times Eastern
Puerto Rico at Atlanta, 7:30 p.m.
San Antonio at Fort Lauderdale, 7:30 p.m.
Sunday's game
Tampa Bay at Edmonton, 4 p.m.

RODEO

CALGARY STAMPEDE

At Calgary
Thursday's results

BAREBACK
1. William Lowe, Canyon, Texas, Cajun Queen, 84.50 points; 2. Steven Peebles, Redmond, Ore., Say So Long, 83.50; 3. Wes Stevenson, Lubbock, Texas, Simply Marvellous, 82.50; 4. Cody DeMers, Kimberly, Ida., Red Headed Stepchild, 81.00; **5. Jake Vold, Ponoka, Alta., Saturn Rocket, 80.50**; 6. Brian Bain, Redmond, Ore., September Skies, 78.00; **7. Dusty LaValley, Bezanson, Alta., Lip Tricks, 73.50; 8. Colin Adams, Deloraine, Man., Holly Times, 69.50**; 9. Tilden Hooper, Carthage, Texas, Fred, 69.00; 10. Clint Cannon, Waller, Texas, DR.

BULL RIDING
1. L.J. Jenkins, Porum, Okla., Rumble Seat, 85.50 points; 2. Jacob O'Mara, Prairieville, La., Lost Wages, 82.00; 3. Robson Palermo, Tyler, Texas, Uncle Moe, 81.50; 4. (tie), Luke Snyder, Ridgedale, Mo., Black Label, and **Scott Schiffner, Strathmore, Alta., South of Heaven**, 80.00; 6. (tie), Caleb Sanderson, Stephenville, Texas, Gingas Kong; **Ty Pozzobon, Merritt, B.C., Krackin; Denton Edge, Marwayne, Alta., Nedley Mandingo**; Kody Lostroh, LaSalle, Colo., Ghost Rider; and **Dusty Ephrom, Kenosee Lake, Sask., Smoke Ring**, all BO.

LADIES BARREL RACING
1. Lindsay Sears, Nanton, Alta., 17.62 seconds; 2. Jody Sheffield, Ogden, Utah, 17.67; 3. Sydni Blanchard, Albuquerque, N.M., 17.70; 4. Carlee Pierce, Stephenville, Texas, 17.71; 5. Trula Churchill, Vlentine, Nev., 17.73; 6. Savanah Reeves, Cross Plains, Texas, 17.79; **7. Cranna Roberts, Lacombe, Alta., 17.85**; 8. Tammy Fischer, Ledbetter, Texas, 17.86; **9. Gaylene Buff, Westwold, B.C., 18.17**; 10. Sue Smith, Blackfoot, Ida., 22.82.

SADDLE BRONC
1. Jesse Bail, Camp Crook, S.D., Blue Feather, 85.00 points; 2. (tie), **Dustin Flundra, Pincher Creek, Alta., Knight Rocket,** and Cody DeMoss, Heflin, La., Kool Toddy, 84.50; 4. Cody Wright, Milford, Utah, Faded Dice, 82.50; 5. Bradley Harter, Loranger, La., Spring Planting, 81.50; 6. (tie), Jesse Wright, Milford, Utah, Holy Hoppin Hell, and Wade Sundell, Boxholm, Iowa, Luxurious Bubbles, 81.00; 8. JJ Elshere, Quinn, S.D., Rosebud, 77.50; 9. (tie), Heith DeMoss, Heflin, La., Nutty Champagne, and **Kyreon Geiger, Calgary, Feature Attraction**, BO.

STEER WRESTLING
1. (tie), Mickey Gee, Wichita Falls, Texas, and **Rowdy Hays, Rocky Mountain House, Alta.**, 4.0 seconds; 3. (tie), Casey Martin, Sulphur, La., and **Cody Cassidy, Donalda, Alta.**, 4.4; 5. Stockton Graves, Newkirk, Okla., 4.5; 6. (tie), **Tanner Milan, Cochrane, Alta.**, and Blake Knowles, Heppner, Ore., 5.0; 8. Billy Bugenig, Ferndale, Calif., 14.1; **9. Curtis Cassidy, Donalda, Alta., 14.6; 10. Straws Milan, Cochrane, Alta., NT.**

TIE-DOWN ROPING
1. (tie), Jake Hannum, Plain City, Utah, and Adam Gray, Seymour, Texas, 7.9 seconds; 3. Clint Cooper, Decatur, Texas, 8.1; 4. Jerome Schneeberger, Ponca City, Okla., 8.5; 5. Fred Whitfield, Hockley, Texas, 10.5; 6. Matt Shiozawa, Chubbuck, Ida., 11.0; **7. Randy Smith, Pincher Creek, Alta., 11.0**; 8. Tyson Durfey, Colbert, Wash., 17.2; **9. (tie), Alwin Bouchard, Scandia, Alta., and Steve Lloyd, Alix, Alta., NT.**

CYCLING

TOUR DE FRANCE

At La Toussuire, France
Thursday's results
Stage 11 — 148.12 kilometres
1. Pierre Rolland, France, Team Europcar, four hours, 43 minutes, 54 seconds; 2. Thibaut Pinot, France, FDJ-Big Mat, 55 seconds behind; 3. Chris Froome, Britain, Sky Procycling, same time; 4. Jurgen Van den Broeck, Belgium, Lotto Belisol, 0:57; 5. Vincenzo Nibali, Italy, Liquigas-Cannondale, s.t.; 6. Bradley Wiggins, Britain, Sky Procycling, s.t.; 7. Chris Anker Sorensen, Denmark, Team Saxo Bank-Tinkoff Bank, 1:08; 8. Janez Brajkovic, Slovenia, Astana, 1:58; 9. Vasili Kiryienka, Belarus, Movistar, 2:13; 10. Frank Schleck, Luxembourg, RadioShack-Nissan, 2:23.
Overall Standings (after 11 of 20 stages)
1. Bradley Wiggins, Britain, Sky Procycling, 48 hours, 43 minutes, 53 seconds; 2. Chris Froome, Britain, Sky Procycling, 2:05 behind; 3. Vincenzo Nibali, Italy, Liquigas-Cannondale, 2:23; 4. Cadel Evans, Australia, BMC Racing, 3:19; 5. Jurgen Van den Broeck, Belgium, Lotto Belisol, 4:48; 6. Haimar Zubeldia, Spain, RadioShack-Nissan, 6:15; 7. Tejay Van Garderen, U.S., BMC Racing, 6:57; 8. Janez Brajkovic, Slovenia, Astana, 7:30; 9. Pierre Rolland, France, Team Europcar, 8:31; 10. Thibaut Pinot, France, FDJ-Big Mat, 8:51.

GOLF

PGA JOHN DEERE CLASSIC

At Silvis, Ill.
Par 71 (35-36)
First Round

Troy Matteson	30-31—61
Ricky Barnes	32-32—64
Robert Garrigus	32-33—65
Scott Piercy	33-32—65
K.J. Choi	32-33—65
Brian Harman	33-32—65
Steve Stricker	35-30—65
Luke Guthrie	31-34—65
Gary Christian	31-34—65
Stuart Appleby	31-35—66
Tom Gillis	33-33—66
Bill Lunde	33-33—66
Chris DiMarco	34-32—66
Also	
Matt McQuillan	**34-39—73**
David Hearn	**37-37—74**

EUROPEAN PGA SCOTTISH OPEN

At Inverness, Scotland
Par 72
First Round

Francesco Molinari	30-32—62
Alejandro Canizares	35-29—64
Soren Kjeldsen	32-33—65
Raphael Jacquelin	32-33—65
Robert Coles	34-32—66
Peter Lawrie	31-35—66
Alexander Noren	32-34—66
Andrew Marshall	33-33—66
Jeev Milkha Singh	32-34—66
Also	
Padraig Harrington	36-33—69
Phil Mickelson	36-37—73

U.S. SENIOR OPEN

At Lake Orion Mich.
Par 70 (35-35)
First Round

Tom Kite	28-37—65
Lance Ten Broeck	33-33—66
Bernhard Langer	35-31—66
Tom Pernice Jr.	31-36—67
Jeff Sluman	34-33—67
Fred Funk	33-34—67
Corey Pavin	35-32—67
Also	
Rod Spittle	**35-35—70**
Jim Rutledge	**35-37—72**

TENNIS

ATP CAMPBELL'S HALL OF FAME CHAMPIONSHIPS

At Newport, R.I.
Thursday's results
Singles
Second Round
Benjamin Becker, Germany, def. **Milos Raonic (3), Thornhill, Ont.**, 6-3, 6-3.
Ryan Harrison (6), U.S., def. Jesse Levine, U.S., 6-3, 6-4.
Quarter-finals
Rajeev Ram, U.S., def. Kei Nishikori (2), Japan, 7-6 (6), 6-3.
Lleyton Hewitt, Australia, def. Dudi Sela, Israel, 6-4, 6-3.
Doubles
Quarter-finals
Santiago Gonzalez, Mexico, and Scott Lipsky (3), U.S., def. Alex Bogomolov Jr., Russia, and Gilles Muller, Luxembourg, 7-6 (6), 6-7 (3), 10-7 (tiebreak).
Raven Klaasen and Izak Van der Merwe, South Africa, def. John Paul Fruttero, U.S., and Denis Istomin, Uzbekistan, 6-3, 6-2.

ATP CROATIA OPEN

At Umag, Croatia
Thursday's results
Singles
Third Round
Fernando Verdasco (1), Spain, def. Ernests Gulbis, Latvia, 6-2, 3-6, 6-1.
Alexandr Dolgopolov (3), Ukraine, def. Fabio Fognini, Italy, 6-2, 6-4.
Carlos Berlocq (5), Argentina, def. Marco Trungelliti, Argentina, 7-6 (4), 4-6, 6-1.
Andrey Kuznetsov, Russia, def. Mate Pavic, Croatia, 7-6 (0), 6-1.
Doubles
Quarter-finals
Marcel Granollers and Marc Lopez (1), Spain, def. Carlos Berlocq, Argentina, and Marcel Felder, Uruguay, 6-1, 7-6 (3).
David Marrero and Fernando Verdasco (3), Spain, def. Martin Klizan and Igor Zelenay, Slovakia, 6-3, 6-4.
Ivan Dodig and Mate Pavic, Croatia, def. Adrian Menendez-Maceiras and Daniel Munoz-de la Nava, Spain, 7-5, 7-5.

WTA ITALIACOM OPEN

Thursday's results
At Palermo, Sicily
Singles
Second Round
Laura Robson, Britain, def. Roberta Vinci (2), Italy, 6-3, 7-5.
Julia Goerges (3), Germany, def. Katalin Marosi, Hungary, walkover.
Carla Suarez Navarro (5), Spain, def. Anna Tatishvili, Georgia, 6-1, 3-2, retired.
Barbora Zahlavova Strycova (8), Czech Republic, def. Julia Cohen, U.S., 3-6, 6-3, 7-5.
Doubles
Quarter-finals
Renata Voracova and Barbora Zahlavova Strycova (1), Czech Republic, def. Maria Kondratieva, Russia, and Sophie Lefevre, France, 6-2, 7-6 (4).
Ekaterina Dzehalevich, Belarus, and Oksana Kalashnikova, Georgia, def. Elena Bovina, Russia, and Alize Cornet (4), France, 6-2, 6-3.

WTA BANK OF THE WEST CLASSIC

At Stanford, Calif.
Thursday's results
Singles
Second Round
Urszula Radwanska, Poland, def. Marina Erakovic (8), New Zealand, 6-3, 3-6, 6-4.
Sorana Cirstea (9), Romania, def. Zheng Saisai, China, 6-3, 6-3.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Toronto	2	1	1	0	54	55	2
Montreal	2	1	1	0	51	68	2
Winnipeg	2	0	2	0	46	74	0
Hamilton	2	0	2	0	52	82	0

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Saskatchewan	2	2	0	0	60	17	4
B.C.	2	2	0	0	72	52	4
Calgary	2	1	1	0	74	49	2
Edmonton	2	1	1	0	20	32	2

WEEK THREE
Thursday's result
Calgary at Montreal
Friday's game — All Times Eastern
Winnipeg at Edmonton, 9 p.m.
Saturday's games
B.C. at Saskatchewan, 3 p.m.
Toronto at Hamilton, 7 p.m.
SCORING LEADERS
(x — scored two-point convert)

	TD	C	FG	S	Pts
Prefontaine, Tor	0	4	8	2	30
McCallum, BC	0	7	7	0	28
x-Lewis, Cal	3	2	0	0	20
Milo, Sask	0	6	4	2	20
Dressler, Sask	3	0	0	0	18
Sheets, Sask	3	0	0	0	18
Walker, Ham	3	0	0	0	18
Whitaker, Mtl	3	0	0	0	18
Paredes, Cal	0	8	3	0	17

Not including last night's game

TRANSACTIONS

MLB

LEAGUE OFFICE—Approved the Texas Rangers contract with OF Jairo Beras and suspended him, without pay, until July 1, 2013 for providing a false date of birth with his registration with Major League Baseball as a prospect. Suspended Philadelphia minor league LHP Ranger Suarez and free agent RHP Daniel Cordero 50 games each for violating the Minor League Drug Prevention and Treatment Program.

AMERICAN LEAGUE

CLEVELAND INDIANS—Agreed to terms with RHP D.J. Brown.
NEW YORK YANKEES—Transferred RHP David Phelps to Scranton/Wilkes-Barre (IL) from Trenton (EL).
TORONTO BLUE JAYS—Agreed to terms with 1B Edwin Encarnacion on a three-year contract through 2015. Placed LHP Luis Perez on the 60-day DL, retroactive to July 9th.

NATIONAL LEAGUE

PITTSBURGH PIRATES—Released RHP Matt McSwain. Activated RHP Gerrit Cole off the temporary inactive list. Assigned OF Evan Chambers to Bradeton (FSL) from Altoona (EL).

NHL

ANAHEIM DUCKS—Agreed to terms with RW Teemu Selanne on a one-year contract.
BOSTON BRUINS—Re-signed D Matt Bartkowski.
DALLAS STARS—Signed G Richard Bachman and F Colton Sceviour.
MONTREAL CANADIENS—Signed F Aaron Palushaj to a one-year contract.
OTTAWA SENATORS—Signed F Chris Neil to a three-year contract extension.
PHOENIX COYOTES—Signed RW Nick Johnson to a one-year contract
SAN JOSE SHARKS—Re-signed F TJ Galiardi to a one-year contract.

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Miscellaneous

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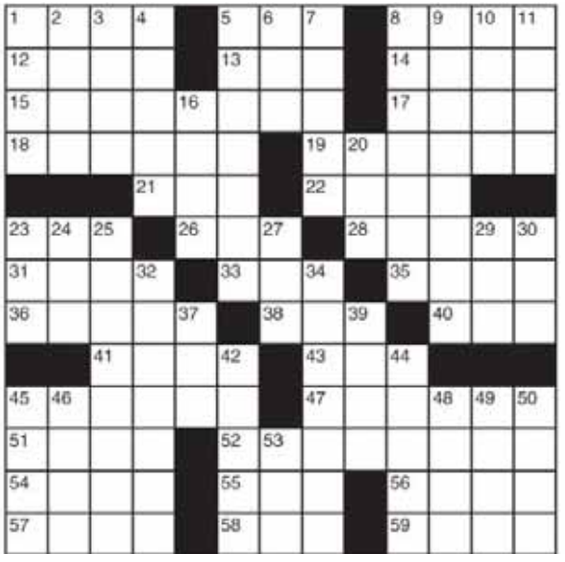
Across
1 Guttural utterance
5 Cudgel
8 Chore
12 Pop
13 Mess up
14 Wreck
15 People in the house
17 "Survivor" setting, often
18 Antidepressant brand
19 Barely perceptible
21 Biblical verb suffix
22 Boot attachment
23 Eggs
26 Neptune's realm
28 Uses a teaspoon
31 Vendetta
33 Try the sherry
35 Apiece
36 Of the unborn
38 "— Doubtfire"
40 Aye undoer
41 Mined-over matter
43 Resistance unit
45 Box-office buy
47 Popular search engine
51 Farm fraction
52 Farewell
54 Equine coloration
55 Lingerie buy
56 Mid-month date
57 Army members
58 Scrooge portrayer Alastair
59 Being, to Brutus

Down
1 PDQ
2 Session with a shrink
3 Taro tuber
4 Corn
5 Pews
6 Shuttlecock's path
7 Lock of hair
8 Purpose of an ode
9 Viennese, e.g.
10 Ledge
11 Wounded —
16 Comestibles
20 High times
23 Vacationing
24 Churchill gesture
25 Ruler with unlimited power
27 Intention
29 Nipper's co.
30 Bashful
32 Loses light
34 Telecast
37 Acting teacher Strasberg
39 Pump, for one
42 Impales
44 Flick
45 "GWTW" plantation
46 Clickable figure
48 Pantheon members
49 "True —"
50 Gaelic
53 Swiss canton



1		2		6	8			9
	7		9					3
	9		1				7	
8							1	
		6	4		9	7		
	4							5
	5				1		2	
3					5		9	
2			3	4		8		

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

2	3	4	9	5	1	8	6	7
8	6	9	7	3	4	2	5	1
7	1	5	8	6	2	9	4	3
6	2	3	1	8	5	7	9	4
9	8	7	6	4	3	1	2	5
4	5	1	2	9	7	6	3	8
5	9	8	4	7	6	3	1	2
3	7	2	5	1	9	4	8	6
1	4	6	3	2	8	5	7	9

Yesterday's Crossword

Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

ME KJS'BW RWWNMTX VJ YJZLVW KJSB YJTX-YJRV ELVGWB, EMBRV VBK ZGWZNMTX VGW ZYLRRMEMWO OLOR.

Yesterday's Cryptoquip: WHEN A CARPENTER VISITS A LOCAL TAVERN, I SUPPOSE HE SHOULD ORDER A SCREWDRIVER.

Today's Cryptoquip Clue: K equals Y

For today's crossword answers and for expanded horoscopes, go to metronews.ca

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Horoscope

Aries | March 21 - April 20. Disputes of one kind or another are likely today and if you clash with someone in a position of power, you will come off second best.

Taurus | April 21 - May 21. As Uranus, planet of the unexpected, begins its retrograde phase, you cannot afford to take anything you see or hear at face value.

Gemini | May 22 - June 20. Good news will come your way over the next 24 hours, but can you trust it? It's possible that there is a hidden catch of some kind, or something you must do in return.

Cancer | June 21 - July 22. Don't take anything for granted or take unnecessary risks. On the work front, especially, you cannot trust colleagues and employers to be totally honest with you. Watch your back.

Leo | July 23 - Aug. 22. You'll get the chance to do something a little bit different today, something in which you would not normally be interested. Don't spend more money on it than you can afford.

Virgo | Aug. 23 - Sept. 22. The planets warn that an idea you have for improving your lot in life could actually make things worse than before. What happens this weekend will remind you of that.

Libra | Sept. 23 - Oct. 22. If you put your ego needs above everything else today, you will create resentment among partners and colleagues. Get ahead, but it must not be at other people's expense.

Scorpio | Oct. 23 - Nov. 21. You may believe that all things are possible but what happens over the next 24 hours will remind you that not everything comes easy.

Sagittarius | Nov. 22 - Dec. 21. A week or so from now, the Sun will move into one of the most positive areas of your chart. When it does, your confidence will soar.

Capricorn | Dec. 22 - Jan 20. You seem to be in a forgiving mood at the moment, but try not to give others the impression that you are going soft in your old age.

Aquarius | Jan. 21 - Feb 18. You need to accept that certain situations are too big and too complicated for you to handle on your own. Either ask for assistance or focus on things you know how to deal with.

Pisces | Feb. 19 - March 20. Life has been good to you lately. But as Uranus turns retrograde today you must prepare yourself for some kind of surprise, and it may not be a welcome one. **SALLY BROMPTON**

Caption Contest

"Finger licking good! " Darryn

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Karat | Price/gram

1 ounce (9999) Maple Leaf Coins (sealed)	$1,527.35/coin
9999 Canada Maple leaf, less than 1 ounce	$49.11/g
24k Jewellery	$38.05/g
22k	$34.86/g
E. Indian/Nuggets	$30.90/g
18k	$28.54/g
14k and dental	$22.19/g
10k	$15.83/g
9k	$14.27/g
8k/antique gold	$9.51/g

Gold Bar Buying Prices

Gold Bars | Buy Price

Gold 1 ounce (Recognized)	$1,471.37
Gold 10 ounce (Recognized)	$14,633.78
Gold 1kg (Recognized)	$47,047.60
Gold bars, less than 1 ounce (Recognized)	$47.05/g
999 Gold bar (Unrecognized)	$45.77//g

Silver Coin, Bars, and Jewellery Buying Prices - Canada Coins | Price

Maple Leaf (1 ounce Silver)	$26.60/coin

Silver Jewellery and Other Silver | Price

Stamped Sterling Silver Flatware	$0.54/g
Stamped Sterling Silver Jewellery	$0.52/g
Mexican Silver stamped 925	$0.44/g
Stamped 800 Silver	$0.43/g
Unstamped scrap silver	$0.28/g
Other silver coins	$0.58/g

*Actual buying prices are based on weight of silver content, which is lower for worn coins.

Prices Updated: 2012-07-12, 18:05:52 PM

Example Purchase 1:

Purity: 14k • Weight: 193.50g

PRICE: $4,293.77

Example Purchase 2:

Purity: 24k • Weight: 6.42g

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Example Purchase 3:

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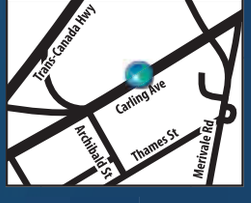

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